

Date: 28-11-2020

## Health Bulletin

Time: 06:00 PM



Positive Today: **424**



Recovered Today: **342**



Death Today: **13**



Active Cases: **4876**

**S+vtv**

Sample Positivity: **5.62%**

**R%**

Recovery Percentage: **90.87%**

1. Total cumulative Positive COVID-19 detected: **73951**
2. Total Number of COVID-19 Patients Treated/ Cured: **67197**
3. Total COVID-19 patients migrated out of state: **664**
4. Total COVID-19 Deaths: **1214**
5. Number of samples found negative for COVID-19 today: **13133**
6. Total number of samples sent for COVID-19 testing today: **13645**
7. Total number of cumulative samples found negative: **1241574**
8. Total number of samples result awaited: **18383**



## Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	650	293	65784	21	2315	68099	911
Bageshwar	281	175	39494	8	1152	40646	561
Chamoli	472	696	57908	20	2636	60544	656
Champawat	619	1377	60852	19	1364	62216	782
Dehradun	3166	2,977	187,879	163	21042	208,921	3592
Haridwar	2590	1,728	207,882	30	12015	219,897	3457
Nainital	1459	1034	108647	11	8476	117123	2017
Pauri Garhwal	666	865	93064	45	4154	97218	989
Pithoragarh	577	681	47372	59	2189	49561	855
Rudraprayag	174	408	37325	7	1836	39161	320
Tehri Garhwal	497	742	69535	21	3533	73068	690
US Nagar	1941	1578	189476	12	10245	199721	2614
Uttarkashi	553	579	76,356	8	2994	79,350	939
<b>Total</b>	<b>13645</b>	<b>13133</b>	<b>1241574</b>	<b>424</b>	<b>73951</b>	<b>1315525</b>	<b>18383</b>

## Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	2315	2075	185	14	41
Bageshwar	1152	1024	119	9	0
Chamoli	2636	2292	301	11	32
Champawat	1364	1172	169	7	16
Dehradun	21042	18681	1465	671	225
Haridwar	12015	11,259	551	133	72
Nainital	8476	7812	452	168	44
Pauri Garhwal	4154	3601	485	44	24
Pithoragarh	2189	1768	399	22	0
Rudraprayag	1836	1700	122	8	6
Tehri Garhwal	3533	3239	243	12	39
U.S. Nagar	10245	9,783	252	103	107
Uttarkashi	2994	2,791	133	12	58
<b>Total</b>	<b>73951</b>	<b>67197</b>	<b>4876</b>	<b>1214</b>	<b>664</b>

## Covid-19 Vaccination के सम्बन्ध में

# प्रदेश के सभी हेल्थ केयर कर्मियों का डेटा लिया जा रहा है ..

सभी चिकित्सा इकाईयों (सरकारी / प्राइवेट) के Facility incharge अपने जनपद के मुख्य चिकित्साधिकारी से सम्पर्क करें

COVID-19  
Uttarakhand State Control Room



अधिक जानकारी के लिये टोल फ्री नं० 104 पर काल करें

## घर बैठे ई संजीवनी एप के द्वारा डाक्टर से लें अपनी बीमारी का पूरा इलाज

राज्य के योग्य डाक्टरों की टीम आनलाईन मुफ्त इलाज के लिये आपके ही मोबाईल पर सेवा में तत्पर है ..

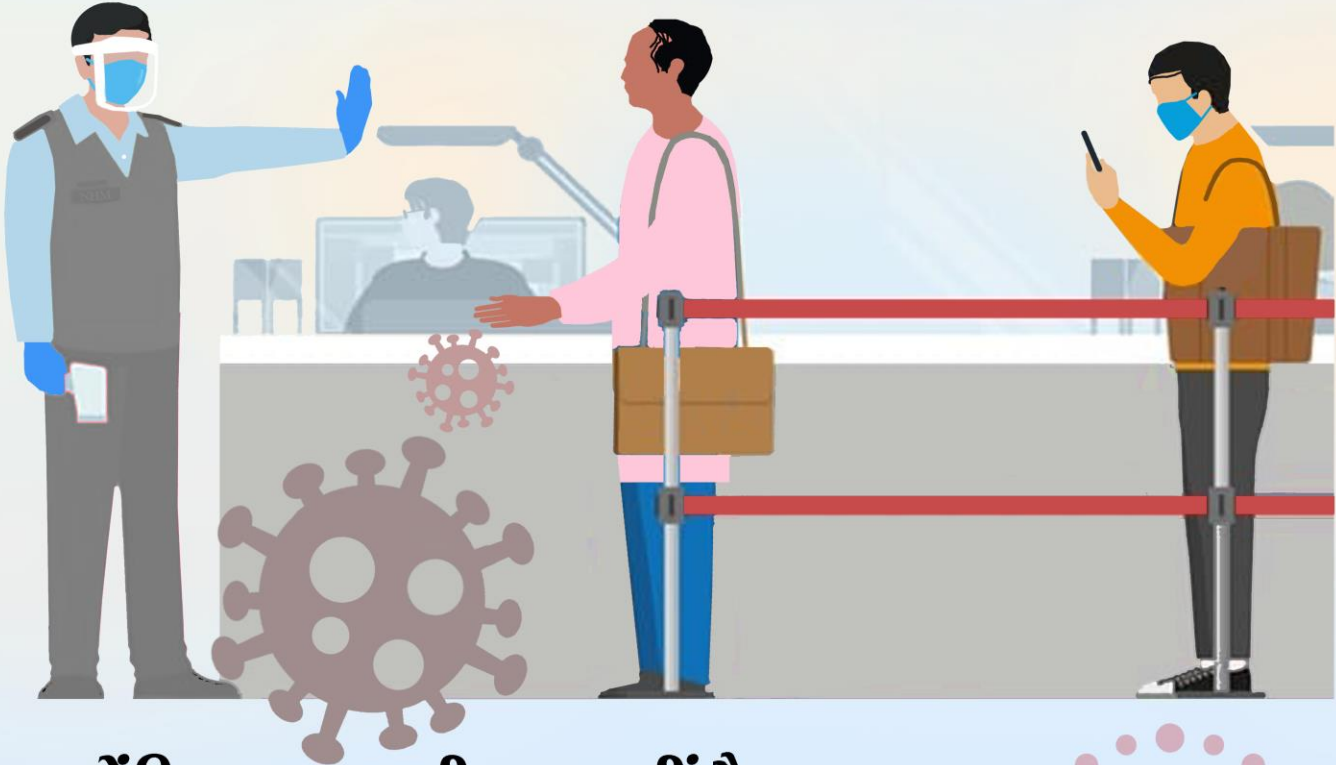
मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को उपचार हेतु ऑनलाईन सलाह दी जाती है परीक्षण के उपरान्त दवा व सलाह लिखित रूप में रोगी pdf फाईल के फारमेट में डाउनलोड कर सकते हैं

समय - सोमवार से शनिवार सुबह 9 बजे से सांय 6 बजे तक

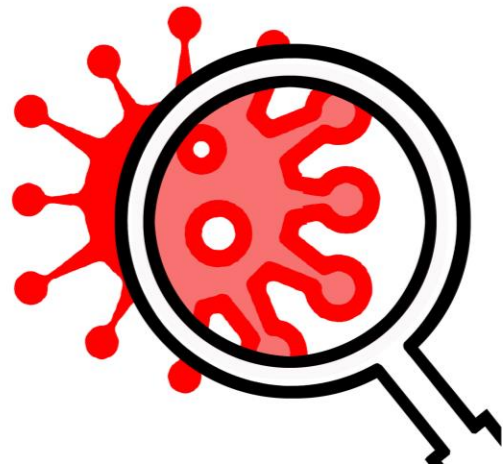




## अपना फेस कवर / मास्क हर समय पहने चाहे बाजार में हों या अपने आफिस परिसर में !!



क्योंकि खतरा अभी टला नहीं है ..



## District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	07	<p><b>Dehradun (05)</b></p> <ol style="list-style-type: none"> <li>1. Tyagi Road (18-11-2020 to 1-12-2020)</li> <li>2. Ashirwad Enclave, Lane Number 05, House Number 01 (18-11-2020 to 1-12-2020)</li> <li>3. 31/2 Curzon Road, Chaudhari Niwas (18-11-2020 to 1-12-2023)</li> <li>4. Lane Number 3, Kargi Chowk (21-11-2020 to 04-12-2020)</li> <li>5. Lane No-01, Vivekanand Gram, Loharanthanpur (24-11-2020 to 07-12-2020)</li> </ol> <p><b>Mussoorie (02)</b></p> <ol style="list-style-type: none"> <li>1. LBSNAA (20-11-2020 to 03-12-2020)</li> <li>2. Indra Colony, Kempty Road (26-11-2020)</li> </ol>
2	Pauri Garhwal	01	<p><b>Srinagar (01)</b></p> <ol style="list-style-type: none"> <li>1. Hotel Daisy, Srikot Ganaga Nali (25-11-2020)</li> </ol>
3	Tehri Garhwal	01	<p><b>Tehri (01)</b></p> <ol style="list-style-type: none"> <li>1. C block, Type 3 (26-11-2020)</li> </ol>
	<b>Total</b>	<b>09</b>	



## WASH YOUR HANDS

00:00:40  
TIME"



## To fight CORONA



COVID-19  
Uttarakhand State Control Room

## WEAR MASK



## SOCIAL DISTANCE



6 feet

कोरोना से बचने के लिये  
तीन सावधानियां बरतें-

- हाथ धोयें बार बार
- मास्क पहनें
- दूसरे से 6 फीट दूरी

### Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

#### Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

## Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Three Hundred Forty-Two (342) patients discharged in different districts (Almora– 08, Bageshwar– 17, Chamoli– 74, Champawat– 00, Dehradun– 187, Haridwar– 30, Nainital– 00, Pauri– 05, Pithoragarh– 01, Rudraprayag– 09, Tehri– 01, U.S. Nagar– 04 & Uttarkashi– 06).
- **Death:** Thirteen (13) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
  - (1) A 64-years-old Male expired from Kailash Hospital Dehradun due to Bilateral Pneumonia, Cardio-Respiratory Arrest, Acute Kidney Injury.
  - (2) A 74-years-old Male expired from SMIH Dehradun due to Cardiopulmonary Arrest, Bilateral Pneumonitis.
  - (3) A 53-years-old Male expired from HNB Base Hospital Srinagar due to Type 1 Respiratory Failure followed by Cardiopulmonary Arrest.
  - (4) A 60-years-old Female expired from HNB Base Hospital Srinagar due to Cardiopulmonary Arrest, Bilateral Pneumonitis.
  - (5) A 48-years-old Male expired from SMIH Dehradun due to Bilateral Pneumonia, Cardiopulmonary Arrest.
  - (6) A 22-years-old Male expired from Himalayan Hospital Dehradun due to Cardiogenic Shock, Inferior wall Myocardial Infarction, Cardiomyopathy.
  - (7) A 65-years-old Male expired from SMIH Dehradun due to Cardiopulmonary Arrest, Bilateral Pneumonia, Type 1 Respiratory Failure.
  - (8) A 52-years-old Male expired from District Tehri due to Respiratory Failure.
  - (9) A 74-years-old Male expired from STGH Haldwani due to Severe Acute Respiratory Infections, Bilateral Pneumonitis, Type 2 Respiratory Failure.
  - (10) A 36-years-old Male expired from HNB Base Hospital Srinagar due to Type 1 Respiratory Failure, Oneumonitis, Cardiopulmonary Arrest.
  - (11) A 77-years-old Male expired from GDMC Dehradun due to Respiratory Failure, Ventricular Arrhythmia.
  - (12) A 70-years-old Male expired from District Tehri Garhwal due to Cardiac Arrest.
  - (13) A 71-years-old Female expired from SMIH Dehradun due to Cardio-Pulmonary Arrest with Respiratory Failure.

## Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

## APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

## हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में जानकारी सुझाव अथवा शिकायतों के निवारण हेतु 104 इन्टिग्रेटेड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



24/7  
Call Center  
Help  
Live Support

● जानकारी ● सुझाव शिकायत ● निवारण  
24 x 7 निःशुल्क सेवा



# कोविड-19 परीक्षण रिपोर्ट को घर बैठे वेब लिंक के द्वारा प्राप्त करें [covid19.uk.gov.in](https://covid19.uk.gov.in)

परीक्षण के समय आपके रजिस्टर्ड मोबाईल नम्बर पर एस. एम. एस के द्वारा **SRF ID** नम्बर भेजा जाता है जिसको उपरोक्त लिंक पर जाकर दर्ज करने पर रिपोर्ट डाउनलोड की जा सकती है



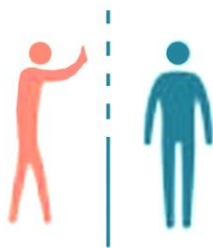
**COVID-19**  
Uttarakhand State Control Room

To fight  
**CORONA**

## अगर आप **कोविड-19** से संक्रमित हैं...



घर में रहें



दूसरों के  
सम्पर्क  
में न आर्यें



खांसते समय  
अपने मुंह व नाक  
को ढकें

इस्तेमाल के  
बाद व्यर्थ सामग्री  
को कूड़ेदान में डालें  
और हाथों को  
अच्छी तरह साफ करें।



सरफेस एरिया को  
साफ रखें



Uttarakhand State Control Room  
**COVID-19**

होम आइसोलेशन

**देरी कभी भी  
घातक हो सकती है..**

**कोविड कंट्रोल रूम  
या  
टोल फ्री नम्बर 104  
से सम्पर्क करें..**

होम आइसोलेशन में अचानक  
सांस लेने में तकलीफ हो या अन्य कोई  
और खतरे के लक्षण हो...

ऐसी स्थिति में सावधान रहें व तत्काल  
स्वयं को अस्पताल में भर्ती करवायें!



**अगर आपमें कोविड -19 के लक्षण  
दिखायी दे रहे हैं..**

**तब अपना टेस्ट अवश्य करवायें**

अपने जिले के सरकारी कोविड परीक्षण केन्द्रों की सूची प्राप्त  
करने के लिये [covid19.uk.gov.in](https://covid19.uk.gov.in) पर जायें



**To fight  
CORONA**

**COVID-19**  
Uttarakhand State Control Room

**उत्तराखण्ड साहस**

**NATIONAL HEALTH MISSION**  
एनएचएम मिशन


## Details of State Control Room

e-mail: [covid19statewarroomuk@gmail.com](mailto:covid19statewarroomuk@gmail.com) Toll free No: 104/0135 2609500

email Id: [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com) WhatsApp No. 9412080544



## Details of District Control Rooms

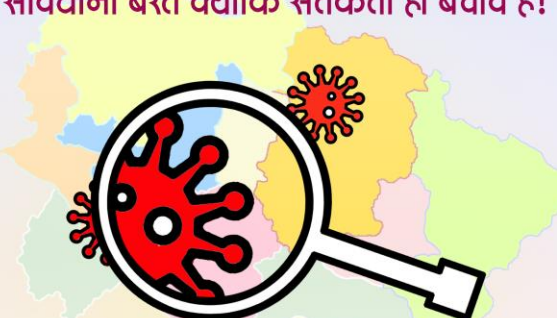
Districts	District Control Room Number
Almora	05962-237875,05962-237874
Bageshwar	05963-220197
Chamoli	01372-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506, 0135-2724506
Haridwar	01334-239920, 01334-223999
Paurigarhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05942- 231178, 231179, 231181 05946- 281234, 297722, 253850 (Haldwani)
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129




### ‘कोरोना के लक्षणों की अनदेखी किये बिना ये लड़ाई मिल कर जीती जा सकती है’


सावधानी बरतें क्योंकि सर्तकता ही बचाव है!







**FEVER**




**COUGH**



**SHORTNESS OF BREATH**



**SORE THROT**



**HEADACHE**

**अंदेशा होने पर घबरारें नहीं ! अपना जरूरी टेस्ट करवायें**

अपने जिले के सरकारी कोविड परीक्षण केंद्रों की सूची प्राप्त करने के लिये [covid19.uk.gov.in](https://covid19.uk.gov.in) पर जायें