

Date: 29-11-2020

Health Bulletin

Time: 06:00 PM



Positive Today: **389**



Recovered Today: **278**



Death Today: **08**



Active Cases: **4970**

S⁺vty

Sample Positivity: **5.60%**

R%

Recovery Percentage: **90.77%**

1. Total cumulative Positive COVID-19 detected: **74340**
2. Total Number of COVID-19 Patients Treated/ Cured: **67475**
3. Total COVID-19 patients migrated out of state: **673**
4. Total COVID-19 Deaths: **1222**
5. Number of samples found negative for COVID-19 today: **11400**
6. Total number of samples sent for COVID-19 testing today: **8523**
7. Total number of cumulative samples found negative: **1252974**
8. Total number of samples result awaited: **13844**



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	171	72	65856	7	2322	68178	423
Bageshwar	152	75	39569	2	1154	40723	443
Chamoli	157	220	58128	21	2657	60785	572
Champawat	262	296	61148	10	1374	62522	638
Dehradun	2680	2,918	190,797	146	21188	211,985	3008
Haridwar	1571	3,448	211,330	49	12064	223,394	2131
Nainital	483	898	109545	6	8482	118027	996
Pauri Garhwal	346	739	93803	57	4211	98014	539
Pithoragarh	153	340	47712	7	2196	49908	461
Rudraprayag	29	186	37511	9	1845	39356	154
Tehri Garhwal	293	907	70442	24	3557	73999	452
US Nagar	1611	806	190282	33	10278	200560	2986
Uttarkashi	615	495	76,851	18	3012	79,863	1041
Total	8523	11400	1252974	389	74340	1327314	13844

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	2322	2078	186	14	44
Bageshwar	1154	1026	119	9	0
Chamoli	2657	2292	322	11	32
Champawat	1374	1172	179	7	16
Dehradun	21188	18886	1395	677	230
Haridwar	12064	11,259	598	135	72
Nainital	8482	7812	458	168	44
Pauri Garhwal	4211	3601	542	44	24
Pithoragarh	2196	1814	360	22	0
Rudraprayag	1845	1713	118	8	6
Tehri Garhwal	3557	3239	266	12	40
U.S. Nagar	10278	9,783	285	103	107
Uttarkashi	3012	2,800	142	12	58
Total	74340	67475	4970	1222	673

Covid-19 Vaccination के सम्बन्ध में

प्रदेश के सभी हेल्थ केयर कर्मियों का डेटा लिया जा रहा है ..

सभी चिकित्सा इकाईयों (सरकारी / प्राइवेट) के Facility incharge अपने जनपद के मुख्य चिकित्साधिकारी से सम्पर्क करें

COVID-19
Uttarakhand State Control Room



अधिक जानकारी के लिये टोल फ्री नं० 104 पर काल करें

घर बैठे ई संजीवनी एप के द्वारा डाक्टर से लें अपनी बीमारी का पूरा इलाज

राज्य के योग्य डाक्टरों की टीम आनलाईन मुफ्त इलाज के लिये आपके ही मोबाईल पर सेवा में तत्पर है ..

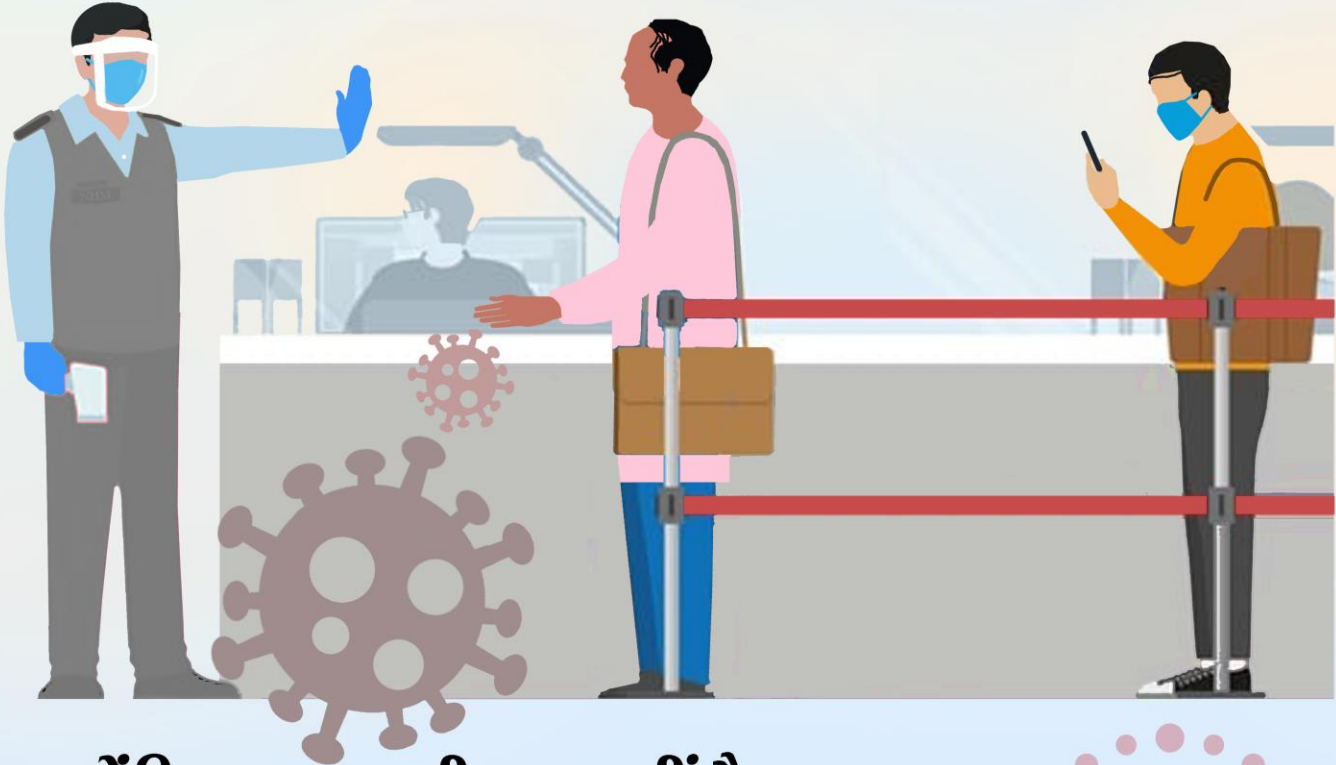
मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को उपचार हेतु ऑनलाईन सलाह दी जाती है परीक्षण के उपरान्त दवा व सलाह लिखित रूप में रोगी pdf फाईल के फारमेट में डाउनलोड कर सकते हैं

समय - सोमवार से शनिवार
सुबह 9 बजे से सांय 6 बजे तक

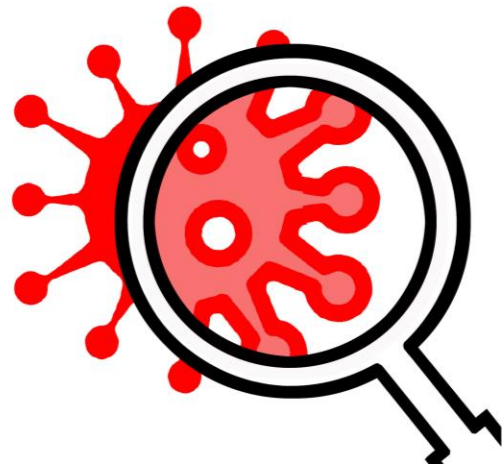




अपना फेस कवर / मास्क हर समय पहने चाहे बाजार में हों या अपने आफिस परिसर में !!



क्योंकि खतरा अभी टला नहीं है ..



District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	07	<p>Dehradun (05)</p> <ol style="list-style-type: none"> 1. Tyagi Road (18-11-2020 to 1-12-2020) 2. Ashirwad Enclave, Lane Number 05, House Number 01 (18-11-2020 to 1-12-2020) 3. 31/2 Curzon Road, Chaudhari Niwas (18-11-2020 to 1-12-2023) 4. Lane Number 3, Kargi Chowk (21-11-2020 to 04-12-2020) 5. Lane No-01, Vivekanand Gram, Loharanthanpur (24-11-2020 to 07-12-2020) <p>Mussoorie (02)</p> <ol style="list-style-type: none"> 1. LBSNAA (20-11-2020 to 03-12-2020) 2. Indra Colony, Kempty Road (26-11-2020)
2	Pauri Garhwal	01	<p>Srinagar (01)</p> <ol style="list-style-type: none"> 1. Hotel Daisy, Srikot Ganaga Nali (25-11-2020)
3	Tehri Garhwal	01	<p>Tehri (01)</p> <ol style="list-style-type: none"> 1. C block, Type 3 (26-11-2020)
	Total	09	



WASH YOUR HANDS

00:00:40
TIME"



WEAR MASK



SOCIAL DISTANCE



6 feet

कोरोना से बचने के लिये
तीन सावधानियां बरतें-

- हाथ धोयें बार बार
- मास्क पहनें
- दूसरे से 6 फीट दूरी

To fight
CORONA



COVID-19
Uttarakhand State Control Room

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Two Hundred Seventy-Eight (278) patients discharged in different districts (Almora– 03, Bageshwar– 02, Chamoli– 00, Champawat– 00, Dehradun– 205, Haridwar– 00, Nainital– 00, Pauri– 00, Pithoragarh– 46, Rudraprayag– 13, Tehri– 00, U.S. Nagar– 00 & Uttarkashi– 09).
- **Death:** Eight (08) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 - (1) A 66-years-old Female expired from Himalayan Hospital Dehradun due to Cholangitic Abscess with Duodenal Fistula.
 - (2) A 48-years-old Male expired from Himalayan Hospital Dehradun due to Cardiac Arrest, Left Sided Pneumonia.
 - (3) A 62-years-old Female expired from AIIMS Rishikesh due to Severe Acute Respiratory Distress Syndrome, COVID Pneumonia, Refractory Septic Shock.
 - (4) A 65-years-old Female expired from AIIMS Rishikesh due to Cardiac Arrest, Acute Respiratory Distress Syndrome, COVID Pneumonia.
 - (5) A 47-years-old Male expired from Kailash Hospital Dehradun due to Refractory Shock, Acute Respiratory Distress Syndrome, Bilateral Pneumonia, Type 1 Respiratory Failure.
 - (6) An 82-years-old Male expired from Kailash Hospital Dehradun due to Bilateral Pneumonia, Cardio-Respiratory Arrest.
 - (7) A 73-years-old Male expired from Himalayan Hospital Dehradun due to Cardiac Arrest.
 - (8) A 70-years-old Male expired from GDMC Dehradun due to Bilateral Pneumonia, Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure, Sepsis.



SOCIAL DISTANCING
is for your own Safety

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में जानकारी सुझाव अथवा शिकायतों के निवारण हेतु 104 इन्टिग्रेटेड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



The infographic features a central illustration of a woman wearing a headset, representing a call center operator. To her right, there are four circular icons: '24/7', 'Call Center', 'Help', and 'Live Support'. Further right, a hand is shown holding a smartphone displaying 'CALL 104 MEDICAL HELPLINE INFORMATION • ADVICE'. Below these elements, there are three red dots followed by the text 'जानकारी सुझाव शिकायत निवारण' and '24 x 7 निःशुल्क सेवा'.

कोविड-19 परीक्षण रिपोर्ट को घर बैठे वेब लिंक के द्वारा प्राप्त करें covid19.uk.gov.in

परीक्षण के समय आपके रजिस्टर्ड मोबाईल नम्बर पर एस. एम. एस के द्वारा **SRF ID** नम्बर भेजा जाता है जिसको उपरोक्त लिंक पर जाकर दर्ज करने पर रिपोर्ट डाउनलोड की जा सकती है



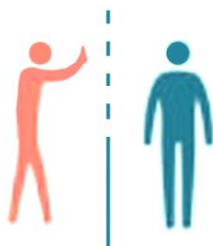
COVID-19
Uttarakhand State Control Room

To fight
CORONA

अगर आप **कोविड-19** से संक्रमित हैं...



घर में रहें



दूसरों के
सम्पर्क
में न आर्यें



खांसते समय
अपने मुंह व नाक
को ढकें

इस्तेमाल के
बाद व्यर्थ सामग्री
को कूड़ेदान में डालें
और हाथों को
अच्छी तरह साफ करें।



सरफेस एरिया को
साफ रखें



Uttarakhand State Control Room
COVID-19

होम आइसोलेशन

**देरी कभी भी
घातक हो सकती है..**

**कोविड कंट्रोल रूम
या
टोल फ्री नम्बर 104
से सम्पर्क करें..**

होम आइसोलेशन में अचानक
सांस लेने में तकलीफ हो या अन्य कोई
और खतरे के लक्षण हो...

ऐसी स्थिति में सावधान रहें व तत्काल
स्वयं को अस्पताल में भर्ती करवायें!



**अगर आपमें कोविड -19 के लक्षण
दिखायी दे रहे हैं..**

तब अपना टेस्ट अवश्य करवायें

अपने जिले के सरकारी कोविड परीक्षण केन्द्रों की सूची प्राप्त
करने के लिये covid19.uk.gov.in पर जायें



**To fight
CORONA**

COVID-19
Uttarakhand State Control Room




Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500

email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms



Districts	District Control Room Number
Almora	05962-237875,05962-237874
Bageshwar	05963-220197
Chamoli	01372-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506, 0135-2724506
Haridwar	01334-239920, 01334-223999
Paurigarhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05942- 231178, 231179, 231181 05946- 281234, 297722, 253850 (Haldwani)
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129

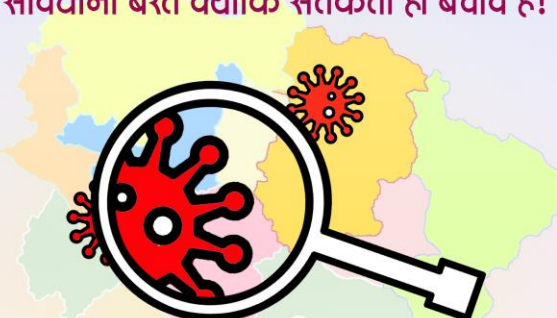



COVID-19
Uttarakhand State Control Room

‘कोरोना के लक्षणों की अनदेखी किये बिना ये लड़ाई मिल कर जीती जा सकती है’


सावधानी बरतें क्योंकि सर्तकता ही बचाव है!







FEVER




COUGH



SHORTNESS OF BREATH



SORE THROT



HEADACHE

अंदेशा होने पर घबरारें नहीं ! अपना जरूरी टेस्ट करवायें

अपने जिले के सरकारी कोविड परीक्षण केंद्रों की सूची प्राप्त करने के लिये covid19.uk.gov.in पर जायें