

Date: 03-01-2021

Health Bulletin

Time: 06:00 PM



कठिन जिंदगी और सरल हो,  
सबके लिए सुरक्षित पल हो,  
अब शायद उसका भी हल हो..



मास्क का  
प्रयोग करें



साबुन से हाथ धोयें  
या सैनेटाइजर का  
प्रयोग करें



FEET  
परस्पर दूरी  
है जरूरी



दवाई भी.. कड़ाई भी

जिन्दगी जीतेगी, कोविड हारेगा..



Positive Today: **267**



Recovered Today: **244**



Death Today: **05**



Active Cases: **4376**

S<sup>+</sup>ty

Sample Positivity: **5.05%**

R%

Recovery Percentage: **92.26%**

- Total cumulative Positive COVID-19 detected: **91811**
- Total Number (%) of COVID-19 Patients Treated/ Cured: **84705 (92.26%)**
- Total Number (%) of COVID-19 patients migrated out of state: **1203 (1.31%)**
- Total Number (%) of COVID-19 Deaths: **1527 (1.66%)**
- Number of samples found negative for COVID-19 today: **11788**
- Total number of samples sent for COVID-19 testing today: **6526**
- Total number of cumulative samples found negative: **1725301**
- Total number of samples result awaited: **7154**

## Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	66	34	77600	1	3077	80677	158
Bageshwar	10	18	48363	1	1510	49873	116
Chamoli	250	91	78874	1	3388	82262	289
Champawat	104	404	82988	7	1746	84734	212
Dehradun	2458	2885	295178	123	27593	322771	2488
Haridwar	770	2380	297681	22	13462	311143	804
Nainital	270	946	159504	54	11530	171034	408
Pauri Garhwal	368	915	119315	13	5033	124348	376
Pithoragarh	39	178	63777	3	3246	67023	47
Rudraprayag	69	109	46845	2	2215	49060	101
Tehri Garhwal	417	424	90340	11	4146	94486	424
US Nagar	1272	2877	264070	11	11161	275231	1294
Uttarkashi	433	527	100766	18	3704	104470	437
<b>Total</b>	<b>6526</b>	<b>11788</b>	<b>1725301</b>	<b>267</b>	<b>91811</b>	<b>1817112</b>	<b>7154</b>

## Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	3077	2797	155	26	99
Bageshwar	1510	1341	151	18	0
Chamoli	3388	3190	117	15	66
Champawat	1746	1545	119	8	74
Dehradun	27593	25073	1258	853	409
Haridwar	13462	12,796	391	148	127
Nainital	11530	10369	892	211	58
Pauri Garhwal	5033	4783	169	57	24
Pithoragarh	3246	2825	383	38	0
Rudraprayag	2215	2134	65	10	6
Tehri Garhwal	4146	3756	240	16	134
U.S. Nagar	11161	10,733	206	110	112
Uttarkashi	3704	3,363	230	17	94
<b>Total</b>	<b>91811</b>	<b>84705</b>	<b>4376</b>	<b>1527</b>	<b>1203</b>

## District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	05	<p><b><u>Dehradun (03)</u></b></p> <ol style="list-style-type: none"> <li>1056 Indra Nagar, Kanwali , Near Seemadwar ( 02-12-2020 )</li> <li>35 Panchsheel Park , Kanwali (19-12-2020)</li> <li>11 GMS Road (01-01-2021)</li> </ol> <p><b><u>Doiwala (Indra01)</u></b></p> <ol style="list-style-type: none"> <li>Ward N-01, Lachhiwala (19-12-2020)</li> </ol> <p><b><u>Mussorrie (01)</u></b></p> <ol style="list-style-type: none"> <li>Kemtpy Road (28-12-2020)</li> </ol>
2	Uttarkashi	07	<p><b><u>Mori (4)</u></b></p> <ol style="list-style-type: none"> <li>Motard (11-12-2020 )</li> <li>Raju Gaon (17-12-2020)</li> <li>Gram Rasti (01-01-2021)</li> <li>Ramalgaon (01-01-2021)</li> </ol> <p><b><u>Bhatwari (2)</u></b></p> <ol style="list-style-type: none"> <li>Gram Malla (13-12-2020)</li> <li>Gram Gyanja (16-12-2020)</li> </ol> <p><b><u>Barkot (1)</u></b></p> <ol style="list-style-type: none"> <li>Gram Badhiya (21-12-2020)</li> </ol>
3	Pauri	02	<p><b><u>Chobthta Khal (1)</u></b></p> <ol style="list-style-type: none"> <li>Gram Silaith (13-12-2020 )</li> </ol> <p><b><u>Kotdwar (1)</u></b></p> <ol style="list-style-type: none"> <li>Sitabpur, Devi Road, Patti Sukhro (14-12-2020)</li> </ol>
4	Nainital	08	<p><b><u>Haldwani (8)</u></b></p> <ol style="list-style-type: none"> <li>Ganga Enclave Nawabi Road (21-12-2020)</li> <li>Ekta Vihar, RK Tent House Road, Kusumkheda (21-12-2020)</li> <li>Shyan Singh Mehra Marg, Madhuban Colony Unchapul (21-12-2020)</li> <li>8/430, Heera Nagar (21-12-2020)</li> <li>SR Puram Near Amrit Ashram Bithoriya No.1 (23-12-2020)</li> <li>Shiv Mandir ke Samane, Gitanjali Tent House Wali Gali , Sheeshmahal (23-12-2020)</li> <li>Bithoriya No.1, Gair Vaishali , Hari Colony (23-12-2020)</li> <li>Bank Colony Gas Godam Road , Kusumkheda (23-12-2020)</li> </ol>
	<b>Total</b>	<b>22</b>	



# Disinfection



## Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

### Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

## Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Two Hundred Fourty Four (244) patients discharged in different districts (Almora– 04, Bageshwar– 01, Chamoli– 00, Champawat– 00, Dehradun– 149, Haridwar– 00, Nainital– 60, Pauri– 02, Pithoragarh– 00, Rudraprayag– 01, Tehri– 00, U.S. Nagar– 00 & Uttarkashi– 27).
- **Death:** Five (05) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
  1. A 73 year old Female expired in AIIMS Rishikesh due to Type 1 Respiratory Failure, COVID Pneumonia, Acute Respiratory Distress Syndrome & Shock.
  2. A 58 year old Male expired in Govt. Doon Medical College, Dehradun on due to Bilateral Pneumonitis, Type 1 Respiratory Failure, Coronary Artery Disease, Acute Kidney Injury & Sepsis.
  3. A 63 year old Male expired in Himalayan Hospital, Dehradun due to COVID Pneumonia & Septic Shock.
  4. A 66 year old Male expired in Jaya Maxwell Hospital, Haridwar due to Bilateral Pneumonitis.
  5. A 72 year old Male expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Sudden Cardiopulmonary Arrest, Bilateral Pneumonitis, Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure, Acute Kidney Injury, Septicemia & Shock.



**SOCIAL DISTANCING**  
**is for your own Safety**

## Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

## APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

**कोरोना काल के इस दौर में  
इनका विशेष  
ध्यान रखें..**



**जो पहले से ही किसी  
बीमारी से ग्रस्त हैं**



**वर्षिष्ठ नागरिक  
60 वर्ष से पर**



**छोटे बच्चे  
10 वर्ष तक**



**गर्भवती स्त्री**



उत्तराखण्ड शासन



NATIONAL HEALTH MISSION  
राष्ट्रीय स्वास्थ्य मिशन  
उत्तराखण्ड



COVID-19  
Uttarakhand State Control Room

## Details of State Control Room

e-mail: [covid19statewarroomuk@gmail.com](mailto:covid19statewarroomuk@gmail.com) Toll free No: 104/0135 2609500  
email Id: [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com) WhatsApp No. 9412080544

## Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01334-239072
Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129



**कोविड-19 परीक्षण रिपोर्ट को घर बैठे  
वेब लिंक के द्वारा प्राप्त करें**  
**[covid19.uk.gov.in](https://covid19.uk.gov.in)**

परीक्षण के समय आपके रजिस्टर्ड मोबाईल नम्बर पर एस. एम. एस के द्वारा **SRF ID** नम्बर भेजा जाता है जिसको उपरोक्त लिंक पर जाकर दर्ज करने पर रिपोर्ट डाउनलोड की जा सकती है

**COVID-19**  
Uttarakhand State Control Room

To fight  
**CORONA**