

Date: 11-10-2021

## Health Bulletin

Time: 6:00 PM

Bulletin No. 612 (since 15<sup>th</sup> March 2020)

# Avoid crowded places for your own safety



avoid close contact  
with people



# कोविड संक्रमण की कड़ी टूटेगी तो इसकी **आग** कभी आगे नहीं फैलेगी..



कोरोना की तीसरी लहर

को आप रोक सकते हैं!

# घर पर जाकर टीकाकरण जो दिव्यांग जन चलने फिरने में असुविधा अनुभव करते हैं

ऐसे विशेष नागरिकों का घर पर जाकर टीकाकरण  
किया जा रहा है जो दिव्यांग हैं एवं आवागमन  
की असुविधा के कारण उनका  
अब तक टीकाकरण नहीं हो पाया है...

ऐसे लोग अपने बारे में जिले के कोविड कंट्रोल रूम  
में सूचित करें, ताकि उन्हें घर पर जाकर  
टीकाकरण किया जा सके।



**सतर्कता  
ही बचाव है!**



खांसते या छींकते  
समय मुंह को ढकें

साबुन से हाथ धोयें  
या सैनेटाइजर का  
प्रयोग करें

मास्क का  
प्रयोग करें

## पूर्ण टीकाकरण के बाद मिलेगा छुटकारा सभी बन्धनों से..

**18वर्ष** से अधिक  
आयु के सभी नागरिकों  
के लिये **कोविड-19** का  
मुफ्त टीकाकरण किया  
जा रहा है... लाभार्थी  
[cowin.gov.in](http://cowin.gov.in) एवं  
**Aarogya Setu App**  
पर खुद का पंजीकरण  
करा सकते हैं

पर अभी कोरोना अनुरूप  
व्यवहारों का पालन करते रहें  
**दवाई भी.. कड़ाई भी**




**To fight  
CORONA**

## Time is still to be careful..



**Wash your HANDS  
properly**

often with soap  
and water for  
at least 40 seconds..

**USE SOAP**

**00:00:40  
TIME**

**Cover cough  
and sneeze**

**Wear MASK**

**VIRUS  
disinfection**

**Use hands SANITIZERS**  
If soap and water are  
not readily available,







## कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

<b><u>Covid-19 Telephone/ Mobile Directory</u></b>	<a href="https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-">https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-</a>
<b><u>Sample Collection Centers</u></b>	<a href="https://covid19.uk.gov.in/map/sccLocation.aspx">https://covid19.uk.gov.in/map/sccLocation.aspx</a>
<b><u>Availability of Beds</u></b>	<a href="https://covid19.uk.gov.in/bedsummary.aspx">https://covid19.uk.gov.in/bedsummary.aspx</a>
<b><u>Covid-19 Vaccination Sites</u></b>	<a href="http://www.cowin.gov.in">www.cowin.gov.in</a>
<b><u>RT – PCR Testing Report</u></b>	<a href="https://covid19.uk.gov.in/">https://covid19.uk.gov.in/</a>
<b><u>To get Medical assistant and Doctor's consultation: Free Consultation from Esanjeevani</u></b>	<a href="http://www.esanjeevaniopd.in/Register">http://www.esanjeevaniopd.in/Register</a> <b>Download app:</b> <a href="https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&amp;hl=en_US">https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&amp;hl=en_US</a> <b>Or call: 9412080703, 9412080622, 9412080686</b>
<b><u>Home Isolation Registration</u></b>	<a href="https://dsclservices.org.in/self-isolation.php">https://dsclservices.org.in/self-isolation.php</a>
<b><u>Home Isolation Booklet(Do's &amp;Don'ts)</u></b>	<a href="https://health.uk.gov.in/files/Covid-19-Directory/Home_Isolation_booklet.pdf">https://health.uk.gov.in/files/Covid-19-Directory/Home_Isolation_booklet.pdf</a>
<b><u>Vaccination (Self Registration)</u></b>	<a href="https://selfregistration.cowin.gov.in/">https://selfregistration.cowin.gov.in/</a> <a href="http://www.cowin.gov.in">www.cowin.gov.in</a>
<b><u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u></b>	<a href="https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure">https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure</a>
<b><u>Daily Bulletin</u></b>	<a href="https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-">https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-</a> <a href="https://dsclservices.org.in/apply.php">https://dsclservices.org.in/apply.php</a>
<b><u>Travelling to/from Uttarakhand Registration</u></b>	<a href="https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts">https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts</a>
<b><u>Joining hands in supporting Uttarakhand in its fight against COVID-19</u></b>	<a href="https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts">https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts</a>
<b><u>Any other Help</u></b>	<b>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</b>
<b><u>for any queries and suggestions</u></b>	<a href="mailto:covid19statewarroomuk@gmail.com">covid19statewarroomuk@gmail.com</a> <b>Toll Free Number 104 State Covid-19 Control Room 0135 2609500</b>

*For complaints regarding black marketing of medicines, oxygen cylinders & medical equipments; more charges for medicines & oxygen cylinders; fake Covid-19 test/lab reports; more charges than decided by the Government for Covid-19 vaccination & treatment and other malpractices related to Covid-19 in Uttarakhand*



Date: 11-10-2021

## Health Bulletin

Time: 6:00 PM



Positive Today: **07**



Recovered Today: **16**



Death Today: **00**



Active Cases: **162**

**S<sup>+</sup>vt<sup>y</sup>**

Sample Positivity today: **0.07%**

**R%**

Recovery Percentage: **96.02%**

1. Total cumulative Positive COVID-19 detected: **343675**
2. Total Number (%) of COVID-19 Patients Treated/ Cured: **330007 (96.02%)**
3. Total Number (%) of COVID-19 patients migrated out of state: **6110 (1.78%)**
4. Total Number (%) of COVID-19 Deaths: **7396 (2.15%)**
5. Number of samples found negative for COVID-19 today: **10667**
6. Total number of samples sent for COVID-19 testing today: **13623**
7. Total number of cumulative samples found negative: **7203186**



**दो डोए हैं  
पक्की.**

**#LargestVaccineDrive**

**KILLING  
CORONAVIRUS  
COVID-19**

मास्क का प्रयोग करें

साबुन से हाथ धोयें  
या सेनेटाइजर का प्रयोग करें

**5 FEET**  
परस्पर दूरी  
है जरूरी

लक्षण होने पर  
दूसरों के सम्पर्क  
से बचें

**दवाई भी.. कड़ाई भी**

**सावधान रहें, सुरक्षित रहें.**

COVID-19  
Uttarakhand State Control Room

## Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	107	29	218483	0	12181	230664	406
Bageshwar	399	78	191098	0	5763	196861	450
Chamoli	1128	618	256340	1	12236	268576	1573
Champawat	550	318	217459	0	7589	225048	916
Dehradun	4504	3391	1682001	2	112272	1794273	2006
Haridwar	1960	1821	1967269	0	51474	2018743	1105
Nainital	1069	845	499160	3	39193	538353	720
Pauri Garhwal	525	597	350034	1	17674	367708	598
Pithoragarh	454	26	199856	0	10251	210107	845
Rudraprayag	655	425	174703	0	8792	183495	579
Tehri Garhwal	372	208	283024	0	15833	298857	613
US Nagar	1383	1720	851849	0	37875	889724	908
Uttarkashi	517	591	311910	0	12542	324452	427
<b>Total</b>	<b>13623</b>	<b>10667</b>	<b>7203186</b>	<b>7</b>	<b>343675</b>	<b>7546861</b>	<b>11146</b>

## Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	12181	11366	8	196	611
Bageshwar	5763	5677	1	60	25
Chamoli	12236	11965	5	62	204
Champawat	7589	7358	0	53	178
Dehradun	112272	108067	96	3519	590
Haridwar	51474	49074	10	1017	1373
Nainital	39193	38104	12	944	133
Pauri Garhwal	17674	16651	7	315	701
Pithoragarh	10251	9950	12	181	108
Rudraprayag	8792	8532	5	106	149
Tehri Garhwal	15833	14827	0	108	898
U.S. Nagar	37875	36309	6	761	799
Uttarkashi	12542	12127	0	74	341
<b>Total</b>	<b>343675</b>	<b>330007</b>	<b>162</b>	<b>7396</b>	<b>6110</b>

## Details of Patients Treated & Cured

DISTRICT NAME	Treated & cured in last 24 hrs
ALMORA	2
BAGESHWAR	0
CHAMOLI	1
CHAMPAWAT	0
DEHRADUN	0
HARIDWAR	2
NAINITAL	3
PAURI GARHWAL	0
PITHORAGARH	0
RUDRA PRAYAG	5
TEHRI GARHWAL	0
UDAM SINGH NAGAR	0
UTTAR KASHI	3
<b>Total</b>	<b>16</b>

**ई संजीवनी एप** के द्वारा अर्हता धारक डाक्टर से  
ले अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम  
आनलाईन मुफ्त ईलाज के  
लिये आपके ही मोबाईल पर  
सेवा में तत्पर है ..

**eSanjeevaniOPD**  
STAY HOME OPD

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को  
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है  
परीक्षण के उपरान्त दवा व सलाह लिखित  
रूप में रोगी pdf फाईल के फारमेट में  
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



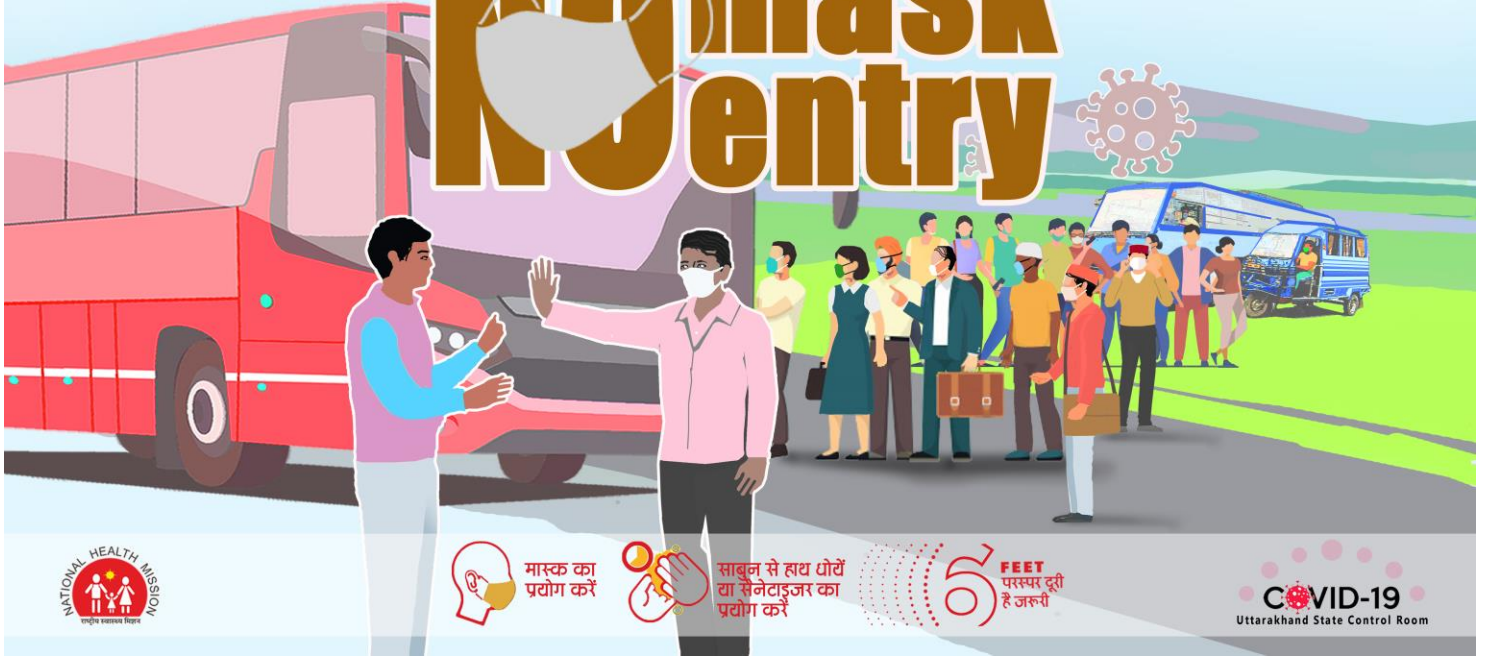
ई संजीवनी एप को क्यू आर कोड को स्कैन  
करके भी डाउनलोड कर सकते हैं

[www.esanjeevaniopd.in/Register](http://www.esanjeevaniopd.in/Register)



मास्क के बिना बसों में या पब्लिक ट्रांसपोर्ट में  
यात्रा न करें..ये घातक हो सकता है

# NO mask Entry



Organizations/ Civil Societies/ NGOs/ Individuals interested in supporting Government of Uttarakhand in their fight against COVID-19 can register on the link given below:

<https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts>

Joining hands in supporting Uttarakhand in its fight against COVID-19

कोरोना के विरुद्ध लड़ाई अब होगी कारगर..



हम सुरक्षित,  
तो देश सुरक्षित!



## Mucormycosis Cases and Deaths - Uttarakhand as on 11.10.2021

District	Hospital Name	Today			Cumulative			
		Cases	Death	Discharge	Cases	Death	Discharge	Migrated/ Others
Udham Singh Nagar	JLN District Hospital, Rudrapur	0	0	0	1	1	0	0
Dehradun	AIIMS Rishikesh	0	0	0	413	97	268	39
	Max Hospital	0	0	0	17	4	12	1
	Doon Medical College	0	0	0	24	1	14	9
	Sri Mahant Indresh Hospital	0	0	0	33	3	30	0
	HIHT Joly Grant	0	0	0	51	17	28	6
	Aarogyadham Hospital	0	0	0	2	0	0	2
	ONGC Hospital	0	0	0	2	0	0	2
	Synergy Hospital	0	0	0	2	1	0	1
	Military Hospital Dehradun	0	0	0	1	0	1	0
Nainital	Krishna Hospital, Haldwani	0	0	0	3	1	2	0
	Dr. Susheela Tiwari Govt. Hospital, Haldwani	0	0	0	33	6	19	8
Uttarkashi	District Hospital	0	0	0	2	0	0	2
Haridwar	Military Hospital Roorkee	0	0	0	2	1	1	0
	Aarogyam Hospital, Roorkee	0	0	0	1	0	1	0
<b>Total</b>		<b>0*</b>	<b>0**</b>	<b>0</b>	<b>587#</b>	<b>132##</b>	<b>376</b>	<b>70</b>

\* Other state 0 Case

\*\* Other state 0 Death

# Other state 304 Cases

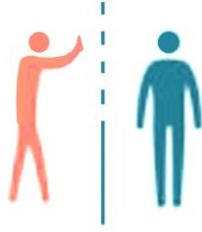
## Other state 64 Deaths

*For any queries regarding Mucormycosis, please call on Toll Free Number 104*

**अगर आप कोविड-19 से संक्रमित हैं या परिवार में संक्रमित लोग हैं.. तो आप खुद सावधानी बरतिये ताकि कोई दूसरा संक्रमित न हो!**



**घर में रहें**



**दूसरों के सम्पर्क में न आयें**



**खांसते समय अपने मुंह व नाक को ढकें**

**इस्तेमाल के बाद व्यर्थ सामग्री को कूड़ेदान में डालें और हाथों को अच्छी तरह साफ करें।**



**सरफेस एरिया को साफ रखें**



Uttarakhand State Control Room  
COVID-19

## Details of State Control Room

**E-mail:** [covid19statewarroomuk@gmail.com](mailto:covid19statewarroomuk@gmail.com), [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com)

**Toll free No:** 104/01352609500

 **Whatsapp No.** 9412080544

## Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590,05944-250250
Uttarkashi	01374-222641,7417162869





# Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme  
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



## COVID-19 Vaccination

11<sup>th</sup> October 2021

☀ Sessions Held Today :	<b>1030</b>
☀ Number of Beneficiaries Vaccinated Today :	<b>27397</b>
☀ Number of Beneficiaries Partially Vaccinated:	<b>7417238</b>
☀ Number of Beneficiaries Fully Vaccinated:	<b>3357929</b>
☀ Total 18-44 years beneficiaries Partially Vaccinated:	<b>4444658</b>
☀ Total 18-44 years beneficiaries Fully Vaccinated:	<b>1360500</b>

### Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen					Health Care Worker			Front Line Worker		
	Last 24 hrs.	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Fully Vaccinated more than 18 to <45 years (Both Dose Coverage)	Last 24 hrs.	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs.	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	1,563	179066	120,603	181,574	58,348	0	6,017	5,558	6	9,944	8,621
Bageshwar	789	75763	60,069	101,895	51,255	0	2,514	2,423	3	2,319	2,211
Chamoli	780	110554	95,201	150,878	62,342	0	3,987	3,999	26	6,486	6,500
Champawat	1,197	70866	49,745	101,085	41,594	5	2,244	2,157	169	7,466	6,189
Dehradun	4,848	513226	354,486	870,236	295,057	16	37,213	32,490	20	30,626	26,870
Haridwar	3,442	433119	236,882	945,334	209,412	3	17,424	17,375	129	48,330	39,426
Nainital	3,279	260814	173,954	422,279	162,618	1	14,180	11,272	16	20,086	16,882
Pauri	1,278	190193	129,894	222,538	62,736	13	7,910	7,341	4	7,081	6,000
Pithoragarh	1,418	127361	83,805	176,359	65,476	10	4,092	3,715	13	8,307	7,278
Rudraprayag	679	68286	45,798	96,505	48,008	0	2,462	2,170	1	2,685	2,187
Tehri	1,871	154839	109,107	210,762	56,759	6	6,246	6,165	1	4,911	4,728
US Nagar	4,343	393606	195,484	828,246	186,129	2	12,438	12,208	68	34,678	29,469
Uttarkashi	1,369	86797	70,945	136,967	60,766	3	3,460	3,428	26	4,984	4,794
<b>Total</b>	<b>26856</b>	<b>2664490</b>	<b>1725973</b>	<b>4444658</b>	<b>1360500</b>	<b>59</b>	<b>120187</b>	<b>110301</b>	<b>482</b>	<b>187903</b>	<b>161155</b>