

Date: 12-10-2021

## Health Bulletin

Time: 6:00 PM

Bulletin No. 613 (since 15<sup>th</sup> March 2020)

# Avoid crowded places for your own safety



avoid close contact  
with people



# कोविड संक्रमण की कड़ी टूटेगी तो इसकी **आग** कभी आगे नहीं फैलेगी..



कोरोना की तीसरी लहर

को आप रोक सकते हैं!



# घर पर जाकर टीकाकरण जो दिव्यांग जन चलने फिरने में असुविधा अनुभव करते हैं

ऐसे विशेष नागरिकों का घर पर जाकर टीकाकरण  
किया जा रहा है जो दिव्यांग हैं एवं आवागमन  
की असुविधा के कारण उनका  
अब तक टीकाकरण नहीं हो पाया है...

ऐसे लोग अपने बारे में जिले के कोविड कंट्रोल रूम  
में सूचित करें, ताकि उन्हें घर पर जाकर  
टीकाकरण किया जा सके।



**सतर्कता  
ही बचाव है!**



खांसते या छींकते  
समय मुंह को ढकें

साबुन से हाथ धोयें  
या सैनेटाइजर का  
प्रयोग करें

मास्क का  
प्रयोग करें

## पूर्ण टीकाकरण के बाद मिलेगा छुटकारा सभी बन्धनों से..

**18वर्ष** से अधिक  
आयु के सभी नागरिकों  
के लिये **कोविड-19** का  
मुफ्त टीकाकरण किया  
जा रहा है... लाभार्थी  
[cowin.gov.in](http://cowin.gov.in) एवं  
**Aarogya Setu App**  
पर खुद का पंजीकरण  
करा सकते हैं

पर अभी कोरोना अनुरूप  
व्यवहारों का पालन करते रहें  
**दवाई भी.. कड़ाई भी**




**To fight  
CORONA**

**Wash your HANDS  
properly**

often with soap  
and water for  
at least 40 seconds..

**USE SOAP**

**00:00:40  
TIME**

**Cover cough  
and sneeze**

## Time is still to be careful..



**Use hands SANITIZERS**  
If soap and water are  
not readily available,

**Wear MASK**



**VIRUS  
disinfection**






## कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	<a href="https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-">https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-</a>
<u>Sample Collection Centers</u>	<a href="https://covid19.uk.gov.in/map/sccLocation.aspx">https://covid19.uk.gov.in/map/sccLocation.aspx</a>
<u>Availability of Beds</u>	<a href="https://covid19.uk.gov.in/bedsummary.aspx">https://covid19.uk.gov.in/bedsummary.aspx</a>
<u>Covid-19 Vaccination Sites</u>	<a href="http://www.cowin.gov.in">www.cowin.gov.in</a>
<u>RT – PCR Testing Report</u>	<a href="https://covid19.uk.gov.in/">https://covid19.uk.gov.in/</a>
<u>To get Medical assistant and Doctor's consultation: Free Consultation from Esanjeevani</u>	<a href="http://www.esanjeevaniopd.in/Register">http://www.esanjeevaniopd.in/Register</a> <b>Download app:</b> <a href="https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&amp;hl=en_US">https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&amp;hl=en_US</a> <b>Or call: 9412080703, 9412080622, 9412080686</b>
<u>Home Isolation Registration</u>	<a href="https://dsclservices.org.in/self-isolation.php">https://dsclservices.org.in/self-isolation.php</a>
<u>Home Isolation Booklet(Do's &amp;Don'ts)</u>	<a href="https://health.uk.gov.in/files/Covid-19-Directory/Home_Isolation_booklet.pdf">https://health.uk.gov.in/files/Covid-19-Directory/Home_Isolation_booklet.pdf</a>
<u>Vaccination (Self Registration)</u>	<a href="https://selfregistration.cowin.gov.in/">https://selfregistration.cowin.gov.in/</a> <a href="http://www.cowin.gov.in">www.cowin.gov.in</a>
<u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u>	<a href="https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure">https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure</a>
<u>Daily Bulletin</u>	<a href="https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-">https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-</a> <a href="https://dsclservices.org.in/apply.php">https://dsclservices.org.in/apply.php</a>
<u>Travelling to/from Uttarakhand Registration</u>	<a href="https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts">https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts</a>
<u>Joining hands in supporting Uttarakhand in its fight against COVID-19</u>	<a href="https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts">https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts</a>
<u>Any other Help</u>	<b>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</b>
<u>for any queries and suggestions</u>	<a href="mailto:covid19statewarroomuk@gmail.com">covid19statewarroomuk@gmail.com</a> <b>Toll Free Number 104 State Covid-19 Control Room 0135 2609500</b>

*For complaints regarding black marketing of medicines, oxygen cylinders & medical equipments; more charges for medicines & oxygen cylinders; fake Covid-19 test/lab reports; more charges than decided by the Government for Covid-19 vaccination & treatment and other malpractices related to Covid-19 in Uttarakhand*



Date: 12-10-2021

## Health Bulletin

Time: 6:00 PM



Positive Today: **20**



Recovered Today: **15**



Death Today: **00**



Active Cases: **158**

**S<sup>+</sup>vt<sup>y</sup>**

Sample Positivity today: **0.13%**

**R%**

Recovery Percentage: **96.02%**

1. Total cumulative Positive COVID-19 detected: **343695**
2. Total Number (%) of COVID-19 Patients Treated/ Cured: **330022 (96.02%)**
3. Total Number (%) of COVID-19 patients migrated out of state: **6118 (1.78%)**
4. Total Number (%) of COVID-19 Deaths: **7397\* (2.15%)**
5. Number of samples found negative for COVID-19 today: **15277**
6. Total number of samples sent for COVID-19 testing today: **14771**
7. Total number of cumulative samples found negative: **7218463**

\*Deaths reported from previous date added in cumulative figure. These deaths have been submitted by the district today to State COVID-19 Control Room.



**दो डोए हैं  
जरूरी..**

**#LargestVaccineDrive**

**KILLING  
CORONAVIRUS  
COVID-19**

मास्क का प्रयोग करें

साबुन से हाथ धोयें  
या सैनेटाइजर का प्रयोग करें

**6 FEET**  
परस्पर दूरी  
है जरूरी

लक्षण होने पर  
दूसरों के सम्पर्क  
से बचें

**दवाई भी.. कड़ाई भी**

**सावधान रहें, सुरक्षित रहें..**

COVID-19  
Uttarakhand State Control Room

## Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	110	39	218522	0	12181	230703	397
Bageshwar	237	466	191564	0	5763	197327	356
Chamoli	1116	943	257283	0	12236	269519	1746
Champawat	493	391	217850	1	7590	225440	834
Dehradun	4815	5253	1687254	5	112277	1799531	1563
Haridwar	2830	2731	1970000	1	51475	2021475	1203
Nainital	942	968	500128	8	39201	539329	686
Pauri Garhwal	583	683	350717	0	17674	368391	498
Pithoragarh	616	388	200244	0	10251	210495	1073
Rudraprayag	576	594	175297	4	8796	184093	557
Tehri Garhwal	499	537	283561	0	15833	299394	575
US Nagar	1442	1554	853403	0	37875	891278	796
Uttarkashi	512	730	312640	1	12543	325183	745
<b>Total</b>	<b>14771</b>	<b>15277</b>	<b>7218463</b>	<b>20</b>	<b>343695</b>	<b>7562158</b>	<b>11029</b>

## Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	12181	11368	5	196	612
Bageshwar	5763	5677	1	60	25
Chamoli	12236	11967	3	62	204
Champawat	7590	7358	1	53	178
Dehradun	112277	108070	98	3519	590
Haridwar	51475	49076	8	1018	1373
Nainital	39201	38106	18	944	133
Pauri Garhwal	17674	16654	4	315	701
Pithoragarh	10251	9950	12	181	108
Rudraprayag	8796	8532	2	106	156
Tehri Garhwal	15833	14827	0	108	898
U.S. Nagar	37875	36309	6	761	799
Uttarkashi	12543	12128	0	74	341
<b>Total</b>	<b>343695</b>	<b>330022</b>	<b>158</b>	<b>7397</b>	<b>6118</b>

## Details of Patients Treated & Cured

DISTRICT NAME	Treated & cured in last 24 hrs
ALMORA	2
BAGESHWAR	0
CHAMOLI	2
CHAMPAWAT	0
DEHRADUN	3
HARIDWAR	2
NAINITAL	2
PAURI GARHWAL	3
PITHORAGARH	0
RUDRA PRAYAG	0
TEHRI GARHWAL	0
UDAM SINGH NAGAR	0
UTTAR KASHI	1
<b>Total</b>	<b>15</b>

**ई संजीवनी एप** के द्वारा अर्हता धारक डाक्टर से  
ले अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम  
आनलाईन मुफ्त ईलाज के  
लिये आपके ही मोबाईल पर  
सेवा में तत्पर है ..

**eSanjeevani OPD**  
STAY HOME OPD

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को  
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है  
परीक्षण के उपरान्त दवा व सलाह लिखित  
रूप में रोगी pdf फाईल के फारमेट में  
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को क्यू आर कोड को स्कैन  
करके भी डाउनलोड कर सकते हैं

[www.esanjeevaniopd.in/Register](http://www.esanjeevaniopd.in/Register)



## Hospital Wise Death

District	Cumulative Death	Name of Hospital	No. of Death
Haridwar	1018* (A)	Jaya Maxwell, Bahadarabad	01*
<b>Total</b>			<b>01*</b>

\*(A) Haridwar (01):

Jaya Maxwell Bahadarabad (01) - 01 May 2021 (1)

\*Deaths reported from previous date added in cumulative figure. These deaths have been submitted by the district today to State COVID-19 Control Room.

**Organizations/ Civil Societies/ NGOs/ Individuals interested in supporting Government of Uttarakhand in their fight against COVID-19 can register on the link given below:**

<https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts>

**Joining hands in supporting Uttarakhand in its fight against COVID-19**

**कोरोना के विरुद्ध लड़ाई अब होगी कारगर..**



**हम सुरक्षित,  
तो देश सुरक्षित!**



## Mucormycosis Cases and Deaths - Uttarakhand as on 12.10.2021

District	Hospital Name	Today			Cumulative			
		Cases	Death	Discharge	Cases	Death	Discharge	Migrated/ Others
Udham Singh Nagar	JLN District Hospital, Rudrapur	0	0	0	1	1	0	0
Dehradun	AIIMS Rishikesh	1	0	0	414	97	268	39
	Max Hospital	0	0	0	17	4	12	1
	Doon Medical College	0	0	0	24	1	14	9
	Sri Mahant Indresh Hospital	0	0	0	33	3	30	0
	HIHT Joly Grant	0	0	0	51	17	28	6
	Aarogyadham Hospital	0	0	0	2	0	0	2
	ONGC Hospital	0	0	0	2	0	0	2
	Synergy Hospital	0	0	0	2	1	0	1
	Military Hospital Dehradun	0	0	0	1	0	1	0
Nainital	Krishna Hospital, Haldwani	0	0	0	3	1	2	0
	Dr. Susheela Tiwari Govt. Hospital, Haldwani	0	0	0	33	6	19	8
Uttarkashi	District Hospital	0	0	0	2	0	0	2
Haridwar	Military Hospital Roorkee	0	0	0	2	1	1	0
	Aarogyam Hospital, Roorkee	0	0	0	1	0	1	0
<b>Total</b>		<b>1*</b>	<b>0**</b>	<b>0</b>	<b>588#</b>	<b>132##</b>	<b>376</b>	<b>70</b>

\* Other state 1 Case

\*\* Other state 0 Death

# Other state 305 Cases

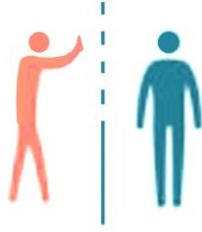
## Other state 64 Deaths

*For any queries regarding Mucormycosis, please call on Toll Free Number 104*

**अगर आप कोविड-19 से संक्रमित हैं या परिवार में संक्रमित लोग हैं.. तो आप खुद सावधानी बरतिये ताकि कोई दूसरा संक्रमित न हो!**



**घर में रहें**



**दूसरों के सम्पर्क में न आयें**



**खांसते समय अपने मुंह व नाक को ढकें**

**इस्तेमाल के बाद व्यर्थ सामग्री को कूड़ेदान में डालें और हाथों को अच्छी तरह साफ करें।**



**सरफेस एरिया को साफ रखें**



Uttarakhand State Control Room  
COVID-19

## Details of State Control Room

**E-mail:** [covid19statewarroomuk@gmail.com](mailto:covid19statewarroomuk@gmail.com), [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com)

**Toll free No:** 104/01352609500



**Whatsapp No.** 9412080544

## Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Pauri Garhwal	01368-222213
Pithoragarh	05964-297551
Tehri Garhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 7417162869





# Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme  
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



## COVID-19 Vaccination

12<sup>th</sup> October 2021

☀ Sessions Held Today :	827
☀ Number of Beneficiaries Vaccinated Today :	24918
☀ Number of Beneficiaries Partially Vaccinated:	7420994
☀ Number of Beneficiaries Fully Vaccinated:	3379091
☀ Total 18-44 years' beneficiaries Partially Vaccinated:	4447752
☀ Total 18-44 years' beneficiaries Fully Vaccinated:	1375762

### Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen					Health Care Worker			Front Line Worker		
	Last 24 hrs.	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Fully Vaccinated more than 18 to <45 years (Both Dose Coverage)	Last 24 hrs.	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs.	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	1,392	179095	121,146	181,648	59,094	2	6,017	5,560	13	9,945	8,633
Bageshwar	908	75769	60,195	101,934	51,992	2	2,514	2,425	0	2,319	2,211
Chamoli	762	110566	95,354	150,963	62,854	0	3,987	3,999	7	6,486	6,507
Champawat	2,179	70878	51,055	101,151	42,385	0	2,244	2,157	106	7,466	6,295
Dehradun	3,544	513362	354,848	870,975	297,364	15	37,213	32,505	24	30,626	26,894
Haridwar	3,695	433215	237,521	945,804	211,902	20	17,424	17,395	161	48,330	39,587
Nainital	2,327	260886	174,247	422,584	164,275	10	14,180	11,282	15	20,086	16,897
Pauri	1,129	190226	130,100	222,663	63,501	1	7,910	7,342	6	7,081	6,006
Pithoragarh	1,110	127424	84,028	176,498	66,161	1	4,092	3,716	5	8,307	7,283
Rudraprayag	479	68297	45,903	96,538	48,338	0	2,462	2,170	4	2,685	2,191
Tehri	1,795	154904	109,479	211,087	57,792	1	6,246	6,166	3	4,911	4,731
US Nagar	3,294	393704	196,329	828,743	187,983	2	12,438	12,210	57	34,678	29,526
Uttarkashi	1,843	86825	71,208	137,164	62,121	2	3,460	3,430	4	4,984	4,798
<b>Total</b>	<b>24,457</b>	<b>2,665,151</b>	<b>1,731,413</b>	<b>4,447,752</b>	<b>1,375,762</b>	<b>56</b>	<b>120,187</b>	<b>110,357</b>	<b>405</b>	<b>187,904</b>	<b>161,559</b>