

Date: 27-11-2021

# Health Bulletin

Time: 6:00 PM

Bulletin No. 659 (since 15<sup>th</sup> March 2020)

कोविड सुरक्षा प्रोटोकाल का अभी भी पालन करते रहें  
जो रह गये हैं वो अपना **टीकाकरण** अवश्य करवायें



## सतर्कता ही बचाव है

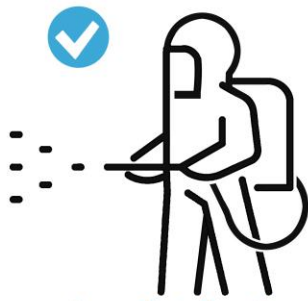
दवाई भी.. कड़ाई भी



मास्क का प्रयोग करें



साबुन से हाथ धोयें  
या सैनेटाइजर का प्रयोग करें



virus disinfection



wash hands properly



use hands sanitizers



aboid the crowd



avoid handshakes

# हर घर दस्तक जो लोग रह गये हैं या दिव्यांग हैं

ऐसे नागरिकों का घर पर जाकर टीकाकरण  
किया जा रहा है जिनका  
अब तक टीकाकरण नहीं हो पाया है...

आशा या अन्य हैल्थकेयर वर्करस जो भी  
आपसे सम्पर्क करते हैं उनका इसमें सहयोग करें





# कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

<b><u>Covid-19 Telephone/ Mobile Directory</u></b>	<a href="https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-">https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-</a>
<b><u>Sample Collection Centers</u></b>	<a href="https://covid19.uk.gov.in/map/sccLocation.aspx">https://covid19.uk.gov.in/map/sccLocation.aspx</a>
<b><u>Availability of Beds</u></b>	<a href="https://covid19.uk.gov.in/bedsummary.aspx">https://covid19.uk.gov.in/bedsummary.aspx</a>
<b><u>Covid-19 Vaccination Sites</u></b>	<a href="http://www.cowin.gov.in">www.cowin.gov.in</a>
<b><u>RT – PCR Testing Report</u></b>	<a href="https://report.icmr.org.in/">https://report.icmr.org.in/</a> <a href="https://covid19.uk.gov.in/">https://covid19.uk.gov.in/</a>
<b><u>To get Medical assistant and Doctor's consultation: Free Consultation from E-sanjeevani</u></b>	<a href="http://www.esanjeevaniopd.in/Register">http://www.esanjeevaniopd.in/Register</a> <b>Download app:</b> <a href="https://play.google.com/store/apps/details?id=in.hied.e-sanjeevaniopd&amp;hl=en_US">https://play.google.com/store/apps/details?id=in.hied.e-sanjeevaniopd&amp;hl=en_US</a> <b>Or call: 9412080703, 9412080622, 9412080686</b>
<b><u>Home Isolation Registration</u></b>	<a href="https://dsclservices.org.in/self-isolation.php">https://dsclservices.org.in/self-isolation.php</a>
<b><u>Home Isolation Booklet(Do's &amp;Don'ts)</u></b>	<a href="https://health.uk.gov.in/files/Covid-19-Directory/Home Isolation booklet.pdf">https://health.uk.gov.in/files/Covid-19-Directory/Home Isolation booklet.pdf</a>
<b><u>Vaccination (Self Registration)</u></b>	<a href="https://selfregistration.cowin.gov.in/">https://selfregistration.cowin.gov.in/</a> <a href="http://www.cowin.gov.in">www.cowin.gov.in</a>
<b><u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u></b>	<a href="https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure">https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure</a>
<b><u>Daily Bulletin</u></b>	<a href="https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-">https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-</a>
<b><u>Travelling to/from Uttarakhand Registration</u></b>	<a href="https://dsclservices.org.in/apply.php">https://dsclservices.org.in/apply.php</a>
<b><u>Joining hands in supporting Uttarakhand in its fight against COVID-19</u></b>	<a href="https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts">https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts</a>
<b><u>Any other Help</u></b>	<b><u>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</u></b>
<b><u>for any queries and suggestions</u></b>	<a href="mailto:covid19statewarroomuk@gmail.com">covid19statewarroomuk@gmail.com</a> <b>Toll Free Number 104 State Covid-19 Control Room 0135 2609500</b>

*For complaints regarding black marketing of medicines, oxygen cylinders & medical equipments; more charges for medicines & oxygen cylinders; fake Covid-19 test/lab reports; more charges than decided by the Government for Covid-19 vaccination & treatment and other malpractices related to Covid-19 in Uttarakhand*

Date: 27-11-2021

## Health Bulletin

Time: 6:00 PM



Positive Today: **14**



Recovered Today: **08**



Death Today: **00**



Active Cases: **150**

**S<sup>+</sup>vt<sup>y</sup>**

Sample Positivity today: **0.15%**

**R%**

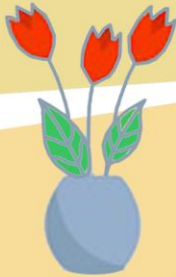
Recovery Percentage: **96.01%**

1.	Total cumulative Positive COVID-19 detected:	<b>344183</b>	
2.	Total Number (%) of COVID-19 Patients Treated/ Cured:	<b>330466</b>	<b>(96.01%)</b>
3.	Total Number (%) of COVID-19 patients migrated out of state:	<b>6160</b>	<b>(1.79%)</b>
4.	Total Number (%) of COVID-19 Deaths:	<b>7407</b>	<b>(2.15%)</b>
5.	Number of samples found negative for COVID-19 today:	<b>9126</b>	
6.	Total number of samples sent for COVID-19 testing today:	<b>7953</b>	
7.	Total number of cumulative samples found negative:	<b>7685700</b>	



पिछले तीन दिनों के बीच में जो भी लोग  
कोरोना पॉजिटिव व्यक्ति  
के करीबी सम्पर्क में आये..

..वो भी अपना  
कोविड टेस्ट करवायें



दवाई भी.. कड़ाई भी  
जिन्दगी जीतेगी, कोविड हारेगा..





उत्तराखण्ड शासन

NATIONAL HEALTH MISSION  
समृद्धि स्वास्थ्य सेवा

# Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health &amp; Family Welfare, Uttarakhand, Dehradun

COVID-19  
Uttarakhand State Control Room

## Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	227	359	227556	0	12219	239775	52
Bageshwar	165	390	201128	0	5764	206892	629
Chamoli	340	616	279322	1	12247	291569	905
Champawat	429	429	231709	0	7605	239314	1000
Dehradun	1972	2502	1855466	10	112525	1967991	615
Haridwar	2039	2106	2069535	0	51533	2121068	1293
Nainital	570	819	531453	2	39252	570705	346
Pauri Garhwal	702	670	377918	0	17690	395608	852
Pithoragarh	238	16	210970	0	10265	221235	541
Rudraprayag	182	187	187449	0	8801	196250	405
Tehri Garhwal	104	295	293442	0	15838	309280	310
US Nagar	790	542	888215	1	37884	926099	1668
Uttarkashi	195	195	331537	0	12560	344097	658
<b>Total</b>	<b>7953</b>	<b>9126</b>	<b>7685700</b>	<b>14</b>	<b>344183</b>	<b>8029883</b>	<b>9274</b>

## Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	12219	11400	7	196	616
Bageshwar	5764	5679	0	60	25
Chamoli	12247	11977	2	62	206
Champawat	7605	7363	0	53	189
Dehradun	112525	108301	98	3523	603
Haridwar	51533	49116	19	1020	1378
Nainital	39252	38166	7	945	134
Pauri Garhwal	17690	16673	1	315	701
Pithoragarh	10265	9973	2	182	108
Rudraprayag	8801	8536	0	106	159
Tehri Garhwal	15838	14828	1	110	899
U.S. Nagar	37884	36317	7	761	799
Uttarkashi	12560	12137	6	74	343
<b>Total</b>	<b>344183</b>	<b>330466</b>	<b>150</b>	<b>7407</b>	<b>6160</b>

### Details of Patients Treated & Cured

DISTRICT NAME	Treated & cured in last 24 hrs
ALMORA	0
BAGESHWAR	0
CHAMOLI	0
CHAMPAWAT	0
DEHRADUN	6
HARIDWAR	1
NAINITAL	0
PAURI GARHWAL	0
PITHORAGARH	0
RUDRA PRAYAG	0
TEHRI GARHWAL	0
UDAM SINGH NAGAR	1
UTTAR KASHI	0
<b>Total</b>	<b>8</b>

**ई संजीवनी एप** के द्वारा अर्हता धारक डाक्टर से  
लें अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम  
आनलाईन मुफ्त ईलाज के  
लिये आपके ही मोबाईल पर  
सेवा में तत्पर है ..

**eSanjeevani OPD**  
STAY HOME OPD

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को  
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है  
परीक्षण के उपरान्त दवा व सलाह लिखित  
रूप में रोगी pdf फाईल के फारमेट में  
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को व्हाट्सएप कोड को स्कैन  
करके भी डाउनलोड कर सकते हैं

[www.esanjeevaniopd.in/Register](http://www.esanjeevaniopd.in/Register)



**PREVENTION IS BETTER THAN CURE**  
for your own safety

**WEAR MASK**

**QUARANTINE**

**DISINFECT HANDS**

**COVER COUGH AND SNEEZE**

**NO FACE TOUCH**

**WEAR GLOVES OUTSIDE**

**KEEP DISTANCE**  
6 FEET

COVID-19  
Uttarakhand State Control Room

Organizations/ Civil Societies/ NGOs/ Individuals interested in supporting Government of Uttarakhand in their fight against COVID-19 can register on the link given below:

<https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts>

Joining hands in supporting Uttarakhand in its fight against COVID-19

कोरोना के विरुद्ध लड़ाई अब होगी कारगर..

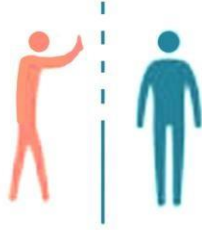


हम सुरक्षित,  
तो देश सुरक्षित!

अगर आप **कोविड-19** से संक्रमित हैं या परिवार में संक्रमित लोग हैं..  
तो आप खुद सावधानी बरतिये  
ताकि कोई दूसरा संक्रमित न हो!



घर में रहें



दूसरों के  
सम्पर्क  
में न आयें



खांसते समय  
अपने मुंह व नाक  
को ढकें

इस्तेमाल के  
बाद व्यर्थ सामग्री  
को कूड़ेदान में डालें  
और हाथों को  
अच्छी तरह साफ करें।



सरफेस एरिया को  
साफ रखें



Uttarakhand State Control Room  
COVID-19

### Details of State Control Room

E-mail: [covid19statewarroomuk@gmail.com](mailto:covid19statewarroomuk@gmail.com), [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com)

Toll free No: 104/01352609500



Whatsapp No. 9412080544

### Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 7417162869



**Date: 27-11-2021**

**District-wise Hotspots/ Containment Zones**

<i>DISTRICT NAME</i>	<i>Number Of Active Containment Zone</i>
ALMORA	0
BAGESHWAR	0
CHAMOLI	0
CHAMPAWAT	0
DEHRADUN	02
HARIDWAR	0
NAINITAL	0
PAURI GARHWAL	0
PITHORAGARH	0
RUDRA PRAYAG	0
TEHRI GARHWAL	0
UDAM SINGH NAGAR	0
UTTAR KASHI	0
<b>Total</b>	<b>02</b>

**Avoid crowded places**  
for your own safety



**avoid close contact  
with people**

S.No	District Name	Total	Detail of District-Wise Hotspots/ Containment Zones
1	Dehradun	02	Dehradun (02) 1- Tibetan colony Deykiling Sahastradhara Road, Post office-Kulhan, Dehradun (25-11-2021) 2- Indira Gandhi National Forest Academy F.R.I, Dehradun (25-11-2021)
	<b>Total</b>	<b>02</b>	

## सकारात्मक रहें, अपने काम और जीवन में सन्तुलन बनाकर रखें

- ताजा, गर्म, शीघ्र पचने वाला हल्का भोजन करें.
- यथासंभव गर्म पानी का सेवन करें.
- चीनी से बने पदार्थों का सेवन कम से कम करें.
- प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- तुलसी, दालचीनी, कालीमिर्च व सोंठ 1/2 चम्मच मुनक्का से निर्मित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू/गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें.
- हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में नियमित प्रयोग करें.
- प्रतिदिन 10 से 45 मिनट कामेन योग प्रोटोकाल का अभ्यास करें.
- धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।





# Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme  
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



## COVID-19 Vaccination

27<sup>th</sup> November 2021

☀ Sessions Held Today :	977
☀ Number of Beneficiaries Vaccinated Today :	60159
☀ Number of Beneficiaries Partially Vaccinated:	7569891
☀ Number of Beneficiaries Fully Vaccinated:	4941827
☀ Total 18-44 years beneficiaries Partially Vaccinated:	4570539
☀ Total 18-44 years beneficiaries Fully Vaccinated:	2561580

### Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen					Health Care Worker			Front Line Worker		
	Last 24 hrs.	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Fully Vaccinated more than 18 to <45 years (Both Dose Coverage)	Last 24 hrs.	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs.	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	1881	179839	135760	184744	101243	0	6017	5959	2	9945	9056
Bageshwar	696	76330	67305	103762	76021	0	2514	2451	1	2319	2241
Chamoli	1642	111099	104400	154032	108109	0	3987	4011	0	6486	6546
Champawat	824	71301	60755	103531	66558	0	2244	2226	5	7466	6775
Dehradun	12597	520062	404502	902024	555189	23	37215	33209	13	30627	27886
Haridwar	9994	437849	327057	971357	461505	0	17426	17501	4	48345	48129
Nainital	4693	263464	197578	433629	246892	5	14180	11738	8	20087	17498
Pauri	3182	192408	147246	230073	123188	3	7910	7465	3	7081	6169
Pithoragarh	1969	128624	100156	180442	108771	8	4093	3919	9	8307	7734
Rudraprayag	519	68677	56016	97978	65033	0	2462	2447	0	2686	2632
Tehri	2696	156737	129731	219626	116681	1	6247	6214	0	4912	4849
US Nagar	17918	397609	280443	848737	435753	2	12439	12390	28	34683	31502
Uttarkashi	1432	87231	80329	140604	96637	0	3460	3465	1	4984	4957
<b>Total</b>	<b>60043</b>	<b>2691230</b>	<b>2091278</b>	<b>4570539</b>	<b>2561580</b>	<b>42</b>	<b>120194</b>	<b>112995</b>	<b>74</b>	<b>187928</b>	<b>175974</b>