

Date: 08-03-2022

Health Bulletin

Time: 6:00 PM

Bulletin No. 760 (since 15th March 2020)



Positive Today: **33**



Recovered Today: **42**



Death Today: **00**



Active Cases: **473**

S⁺vt^y

Sample Positivity today: **0.48%**

R%

Recovery Percentage: **95.69%**

1. Total cumulative Positive COVID-19 detected since 01.01.2022:	91694
2. Total Number (%) of COVID-19 Patients Treated/ Cured since 01.01.2022:	87746 (95.69%)
3. Total Number (%) of COVID-19 patients migrated out of state since 01.01.2022:	3206 (3.50%)
4. Total Number (%) of COVID-19 Deaths since 01.01.2022:	269 (0.29%)
5. Number of samples found negative for COVID-19 today:	6817
6. Total number of samples sent for COVID-19 testing today:	6838
7. Total number of cumulative samples found negative since 01.01.2022:	1157562



सकारात्मक रहें, शुभकर्म करें, मानसिक व शारीरिक सन्तुलन बनाकर रखें

इस कोरोना काल में हम सबने बहुत कुछ सीखा है...हम अपने वर्तमान कार्य कलापों को इस प्रकार रखें कि हमारा मानसिक स्वास्थ्य बना रहे व रोगप्रतिरोधक क्षमता में सुधार हो.

- सुबह जल्दी उठें, भ्रमण पर जाएं, प्राण वायु का सेवन करें.
- प्रतिदिन कामेन योग ध्यान प्रोटोकाल का अभ्यास करें.
- पर्याप्त जल का सेवन करें, यथासंभव गर्म पानी भी पियें.
- चीनी से बने पदार्थों व पेय पदार्थों का सेवन कम से कम करें.
- पर्याप्त मात्रा में प्रोटीन व विटामिन युक्त आहार लें जिसके द्वारा भोजन को सन्तुलित बनाया जा सके.
- जंक फूड/प्रोसेस्ड फूड/ बाहर खुले में रखे असुरक्षित खाद्य पदार्थों व बहुत अधिक तैलीय खाद्य पदार्थों का सेवन न करें.
- धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।
- अपने घर और बाहर स्वच्छता के नियमों का पालन करें.



COVID-19
Uttarakhand State Control Room

च्यवनप्राश



उत्तराखण्ड शासन



राष्ट्रीय स्वास्थ्य मिशन



Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Uttarakhand State Control Room

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2022	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2022	Positive in last 24 hours	Positive Cumulative Since 01.01.2022		
Almora	279	195	55810	2	4479	60283	186
Bageshwar	268	12	30763	0	2082	32841	491
Chamoli	562	659	39855	0	3183	43036	460
Champawat	409	591	48700	0	1896	50593	662
Dehradun	1253	1135	325579	14	32661	358105	982
Haridwar	627	606	288075	7	12918	300963	332
Nainital	640	659	64722	5	11258	75910	174
Pauri Garhwal	806	920	75780	2	5235	81008	526
Pithoragarh	282	287	33916	1	2540	36444	293
Rudraprayag	157	170	22850	1	2695	25545	216
Tehri Garhwal	396	152	26439	0	2342	28774	470
US Nagar	852	1180	115635	1	8771	124382	353
Uttarkashi	307	251	29438	0	1634	31070	187
Total	6838	6817	1157562	33	91694	1248954	5332

Details of Districts having Positive COVID-19 Cases

Districts	No. of Positive Cases Since 01.01.2022	No. of Positive Cases Treated/ Cured Since 01.01.2022	Active Cases in the District	Deaths Since 01.01.2022	Migrated Positive Cases Since 01.01.2022
Almora	4479	4081	18	4	376
Bageshwar	2082	1989	7	0	86
Chamoli	3183	3045	29	3	106
Champawat	1896	1850	25	1	20
Dehradun	32661	31908	220	170	363
Haridwar	12918	12603	57	24	234
Nainital	11258	11177	15	29	37
Pauri Garhwal	5235	4228	22	17	968
Pithoragarh	2540	2367	35	4	134
Rudraprayag	2695	2557	10	2	126
Tehri Garhwal	2342	2012	3	5	322
U.S. Nagar	8771	8474	26	5	266
Uttarkashi	1634	1455	6	5	168
Total	91694	87746	473	269	3206

Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

 Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874, 05962-237876, 05962-231205
Bageshwar	05963-221822, 05963-297515, 7895235220
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187, 01372-251437
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506, 1800-180-2525, 0135-2609200
Haridwar	01334-239072, 01332-265201, 265202, 265203, 265209
Nainital	05946-281234
Pauri Garhwal	01368-222213, 7302796031
Pithoragarh	05964-297551
Tehri Garhwal	01376-234793
Rudraprayag	01364-233727, 7456003173, 7456003162, 8920456016, 7078301730
U.S. Nagar	05944-246590, 05944-250100, 05944-250101
Uttarkashi	01374-222641, 7417162869

कोरोना के विरुद्ध लड़ाई कारगर सिद्ध हो रही है..

टीकाकरण में 100 प्रतिशत आपकी भागीदारी
सुनिश्चित होनी चाहिये!



हम सुरक्षित,
तो देश सुरक्षित!



Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



COVID-19 Vaccination

8th March 2022

- ☀ **Sessions Held Today:** **786**
- ☀ **Number of Beneficiaries Vaccinated Today:** **11762**
- ☀ **Total Number of Beneficiaries Partially Vaccinated:** **8583152**
- ☀ **Total Number of Beneficiaries Fully Vaccinated:** **7958171**
- ☀ **Total Number of Beneficiaries Given Precaution Dose:** **404371**

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizens				Health Care Worker		Front Line Worker		Cumulative Precaution Dose Coverage	Last 24 hrs coverage	
	15-17 years Partially Vaccinated (1st Dose Coverage)	15-17 years Fully Vaccinated (Both Dose Coverage)	18+ years Partially vaccinated (1st Dose Coverage)	18+ years Fully Vaccinated (Both Dose Coverage)	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)		1st And 2nd Dose	Precaution Dose
Almora	27782	16250	382586	353217	6022	6027	9956	9754	26913	273	61
Bageshwar	13914	12149	186130	171264	2514	2521	2321	2398	17970	171	81
Chamoli	19106	14931	274691	267341	3987	4020	6493	6625	21794	537	119
Champawat	12449	7055	183970	170483	2254	2302	7575	7394	13569	75	18
Dehradun	91957	57869	1573342	1451940	37244	36686	30662	31232	92160	2186	364
Haridwar	70499	29998	1510158	1440940	17784	17597	48446	48399	44907	1376	101
Nainital	47283	29725	755361	724739	14189	13819	20106	20136	39347	728	122
Pauri	30699	18547	452894	410946	7914	7912	7098	7169	28056	2378	94
Pithoragarh	22061	11613	326373	311496	4095	4110	8318	8405	18032	408	39
Rudraprayag	12220	9285	173417	158668	2465	2453	2692	2712	8719	49	10
Tehri	29090	20634	398856	354969	6253	6311	4923	5033	29416	524	55
US Nagar	75168	39964	1351372	1335923	12480	12546	34765	33834	38943	1145	190
Uttarkashi	16416	8403	236342	221885	3461	3485	4999	5057	24545	643	15
Total	468644	276423	7805492	7373811	120662	119789	188354	188148	404371	10493	1269