

Date: 05-04-2022

Health Bulletin

Time: 6:00 PM

Bulletin No. 788 (since 15th March 2020)



Positive Today: **06**



Recovered Today: **10**



Death Today: **00**



Active Cases: **177**

S⁺vt^y

Sample Positivity today: **0.29%**

R%

Recovery Percentage: **96.03%**

1. Total cumulative Positive COVID-19 detected since 01.01.2022: **92189**
2. Total Number (%) of COVID-19 Patients Treated/ Cured since 01.01.2022: **88526 (96.03%)**
3. Total Number (%) of COVID-19 patients migrated out of state since 01.01.2022: **3212 (3.49%)**
4. Total Number (%) of COVID-19 Deaths since 01.01.2022: **274 (0.30%)**
5. Number of samples found negative for COVID-19 today: **2039**
6. Total number of samples sent for COVID-19 testing today: **2131**
7. Total number of cumulative samples found negative since 01.01.2022: **1267474**



इम्यूनिटी अच्छी हो तो रोगों से लड़ने की शक्ति बनी रहती है ..



- + ताजा, गर्म, प्रोटीन से युक्त पौष्टिक शीघ्र पचने वाला सन्तुलित आहार नियमित समय पर लें,
- + खूब पानी पियें यथासंभव गर्म पानी का भी सेवन करें.
- + प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- + आयुष पेय/हर्बल चाय व मौसमी फलों का सेवन करें.
- + हल्दी, धनिया, जीरा, लहसुन, हरी सब्जियों आदि व गरम मसालों का भोजन में नियमित प्रयोग करें.
- + प्रतिदिन 10 से 45 मिनट कार्मन योग प्रोटोकाल का अभ्यास करें.
- + चीनी से बने पदार्थों का सेवन कम से कम करें.
- + जंक फूड/प्रोसेस्ड फूड का सेवन कम से कम करें.
- + धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।



च्यवनप्राश





उत्तराखण्ड शासन

NATIONAL HEALTH MISSION
समृद्धि स्वास्थ्य सेवा

Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

COVID-19
Uttarakhand State Control Room

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2022	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2022	Positive in last 24 hours	Positive Cumulative Since 01.01.2022		
Almora	151	79	60111	0	4508	64613	29
Bageshwar	0	1	33908	0	2088	35992	0
Chamoli	76	59	45018	0	3196	48212	69
Champawat	185	134	56730	0	1908	58635	85
Dehradun	577	673	350016	0	32833	382714	33
Haridwar	258	261	299358	4	13059	312387	30
Nainital	274	343	74037	0	11304	85271	43
Pauri Garhwal	112	119	88029	0	5265	93287	29
Pithoragarh	110	10	38050	0	2558	40596	166
Rudraprayag	85	55	25616	1	2701	28317	72
Tehri Garhwal	132	100	31430	1	2351	33774	33
US Nagar	93	44	129963	0	8781	138720	14
Uttarkashi	78	161	35208	0	1637	36843	17
Total	2131	2039	1267474	6	92189	1359361	620

Details of Districts having Positive COVID-19 Cases

Districts	No. of Positive Cases Since 01.01.2022	No. of Positive Cases Treated/ Cured Since 01.01.2022	Active Cases in the District	Deaths Since 01.01.2022	Migrated Positive Cases Since 01.01.2022
Almora	4508	4123	2	4	379
Bageshwar	2088	2001	1	0	86
Chamoli	3196	3087	0	3	106
Champawat	1908	1884	3	1	20
Dehradun	32833	32280	17	173	363
Haridwar	13059	12692	108	25	234
Nainital	11304	11228	10	29	37
Pauri Garhwal	5265	4266	13	18	968
Pithoragarh	2558	2420	0	4	134
Rudraprayag	2701	2572	1	2	126
Tehri Garhwal	2351	2021	1	5	324
U.S. Nagar	8781	8490	19	5	267
Uttarkashi	1637	1462	2	5	168
Total	92189	88526	177	274	3212

Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

 Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874, 05962-237876, 05962-231205
Bageshwar	05963-221822, 05963-297515, 7895235220
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187, 01372-251437
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506, 1800-180-2525, 0135-2609200
Haridwar	01334-239072, 01332-265201, 265202, 265203, 265209
Nainital	05946-281234
Pauri Garhwal	01368-222213, 7302796031
Pithoragarh	05964-297551
Tehri Garhwal	01376-234793
Rudraprayag	01364-233727, 7456003173, 7456003162, 8920456016, 7078301730
U.S. Nagar	05944-246590, 05944-250100, 05944-250101
Uttarkashi	01374-222641, 7417162869

कोरोना के विरुद्ध लड़ाई कागर सिद्ध हो रही है..

अब 12 वर्ष से 18 वर्ष तक के बच्चों के टीकाकरण में 100 प्रतिशत
आपकी भागीदारी
सुनिश्चित होनी चाहिये!



हम सुरक्षित,
तो देश सुरक्षित!





Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



COVID-19 Vaccination

5th April 2022

- ☀ **Sessions Held Today:** **778**
- ☀ **Number of Beneficiaries Vaccinated Today:** **8581**
- ☀ **Total Number of Beneficiaries Partially Vaccinated:** **8754356**
- ☀ **Total Number of Beneficiaries Fully Vaccinated:** **8053943**
- ☀ **Total Number of Beneficiaries Given Precaution Dose:** **437121**

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizens					Health Care Worker		Front Line Worker		Cumulative Precaution Dose Coverage	Last 24 hrs coverage	
	12-14 Yrs. 1st Dose	15-17 years 1st Dose Coverage	15-17 years 2nd Dose Coverage	18+ years 1st Dose Coverage	18+ years 2nd Dose Coverage	1st Dose Coverage	2nd Dose Coverage	1st Dose Coverage	2nd Dose Coverage		1st And 2nd Dose	Precaution Dose
Almora	12122	28558	20864	382960	355137	6022	6028	9956	9757	28507	261	128
Bageshwar	7367	14031	12705	186231	172014	2514	2521	2321	2401	18724	212	50
Chamoli	12377	19496	17069	274977	269302	3987	4021	6493	6626	23200	214	57
Champawat	4298	12693	7828	184194	170935	2254	2303	7577	7404	14148	170	42
Dehradun	22667	95122	66601	1575786	1463716	37244	36694	30664	31256	101641	1107	665
Haridwar	7974	72075	34562	1512131	1446825	17784	17607	48451	48417	48278	395	207
Nainital	14606	49084	33795	756894	728827	14193	13828	20106	20144	43990	1211	250
Pauri	9633	31530	23669	453674	418240	7914	7922	7099	7172	31127	578	363
Pithoragarh	8876	22915	15586	326902	313556	4095	4111	8319	8409	18979	373	59
Rudraprayag	4632	12310	9711	173490	159055	2465	2453	2692	2713	8997	417	9
Tehri	14348	30255	24603	399480	359375	6254	6311	4923	5033	30914	608	208
US Nagar	19213	78421	45766	1354001	1342585	12483	12558	34774	33870	43771	542	185
Uttarkashi	6053	17354	10648	236582	222866	3461	3485	4999	5059	24845	248	22
Total	144166	483844	323407	7817302	7422433	120670	119842	188374	188261	437121	6336	2245