

Date: 19-03-2023

# Health Bulletin

Time: 6:00 PM

Bulletin No. 1130 (since 15<sup>th</sup> March 2020)



Positive Today: **06**



Recovered Today: **02**



Death Today: **00**



Active Cases: **28**

S<sup>+</sup>vt<sub>y</sub>

Sample Positivity today: **2.38%**

R%

Recovery Percentage: **96.02%**

1. Total cumulative Positive COVID-19 detected since 01.01.2022:	104742	
2. Total Number (%) of COVID-19 Patients Treated/ Cured since 01.01.2022:	100571	(96.05%)
3. Total Number (%) of COVID-19 patients migrated out of state since 01.01.2022:	3807	(3.63%)
4. Total Number (%) of COVID-19 Deaths since 01.01.2022:	336	(0.32%)
5. Number of samples found negative for COVID-19 today:	124	
6. Total number of samples sent for COVID-19 testing today:	80	
7. Total number of cumulative samples found negative since 01.01.2022:	1616834	



## सकारात्मक रहें, शुभकर्म करें, मानसिक व शारीरिक सन्तुलन बनाकर रखें

इस कोरोना काल में हम सबनें बहुत कुछ सीखा है...हम अपने वर्तमान कार्य कलापों को इस प्रकार रखें कि हमारा मानसिक स्वास्थ्य बना रहे व रोगप्रतिरोधक क्षमता में सुधार हो.

- सुबह जल्दी उठें, भ्रमण पर जायें, प्राण वायु का सेवन करें.
- प्रतिदिन कामेन योग ध्यान प्रोटोकाल का अभ्यास करें.
- पर्याप्त जल का सेवन करें, यथासंभव गर्म पानी भी पियें.
- चीनी से बने पदार्थों व पेय पदार्थों का सेवन कम से कम करें.
- पर्याप्त मात्रा में प्रोटीन व विटामिन युक्त आहार लें जिसके द्वारा भोजन को सन्तुलित बनाया जा सके.
- जंक फूड/प्रोसेस्ड फूड/ बाहर खुले में रखे असुरक्षित खाद्य पदार्थों व बहुत अधिक तैलीय खाद्य पदार्थों का सेवन न करें.
- धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।
- अपने घर और बाहर स्वच्छता के नियमों का पालन करें.



च्यवनप्राश





# Uttarakhand State Control Room

## Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



### Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2022	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2022	Positive in last 24 hours	Positive Cumulative Since 01.01.2022		
Almora	0	0	73207	0	4963	78164	0
Bageshwar	0	1	40501	0	2162	42659	0
Chamoli	0	0	53373	0	3380	56751	0
Champawat	0	0	66111	0	1994	68102	0
Dehradun	39	47	444909	5	39177	483951	12
Haridwar	32	65	345410	0	14132	359512	11
Nainital	6	5	117912	1	13572	131414	0
Pauri Garhwal	2	4	111265	0	5605	116863	0
Pithoragarh	0	0	45531	0	2767	48286	0
Rudraprayag	0	0	33769	0	3065	36834	0
Tehri Garhwal	0	0	56739	0	2632	59364	0
US Nagar	1	1	178016	0	9356	187348	0
Uttarkashi	0	1	50091	0	1937	52026	0
<b>Total</b>	<b>80</b>	<b>124</b>	<b>1616834</b>	<b>6</b>	<b>104742</b>	<b>1721274</b>	<b>23</b>

### Details of Districts having Positive COVID-19 Cases

Districts	No. of Positive Cases Since 01.01.2022	No. of Positive Cases Treated/ Cured Since 01.01.2022	Active Cases in the District	Deaths Since 01.01.2022	Migrated Positive Cases Since 01.01.2022
Almora	4963	4526	0	4	433
Bageshwar	2162	2057	0	0	105
Chamoli	3380	3245	0	3	132
Champawat	1994	1965	0	2	27
Dehradun	39177	38467	21	213	476
Haridwar	14132	13852	2	32	246
Nainital	13572	13481	3	33	55
Pauri Garhwal	5605	4545	1	21	1038
Pithoragarh	2767	2607	1	4	155
Rudraprayag	3065	2921	0	2	142
Tehri Garhwal	2632	2164	0	8	460
U.S. Nagar	9356	8998	0	8	350
Uttarkashi	1937	1743	0	6	188
<b>Total</b>	<b>104742</b>	<b>100571</b>	<b>28</b>	<b>336</b>	<b>3807</b>



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### COVID-19 STATUS SINCE 01.01.2023



Positive Today: **06**



Recovered Today: **02**



Death Today: **00**



Active Cases: **28**

- Total cumulative Positive COVID-19 detected since 01.01.2023: **133**
- Total Number of COVID-19 Patients Treated/ Cured since 01.01.2023: **128**
- Total Number of COVID-19 patients migrated out of state since 01.01.2023: **06**
- Total Number of COVID-19 Deaths since 01.01.2023: **03**
- Number of samples found negative for COVID-19 today: **124**
- Total number of samples sent for COVID-19 testing today: **80**
- Total number of cumulative samples found negative since 01.01.2023: **33254**

### Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2023	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2023	Positive in last 24 hours	Positive Cumulative Since 01.01.2023		
Almora	0	0	1099	0	20	1119	0
Bageshwar	0	1	357	0	0	357	0
Chamoli	0	0	409	0	0	409	0
Champawat	0	0	169	0	0	169	0
Dehradun	39	47	9203	5	71	9274	12
Haridwar	32	65	7107	0	9	7116	11
Nainital	6	5	3242	1	11	3253	0
Pauri Garhwal	2	4	1085	0	5	1090	0
Pithoragarh	0	0	329	0	2	331	0
Rudraprayag	0	0	1218	0	0	1218	0
Tehri Garhwal	0	0	2410	0	5	2415	0
US Nagar	1	1	5531	0	4	5535	0
Uttarkashi	0	1	1095	0	6	1101	0
<b>Total</b>	<b>80</b>	<b>124</b>	<b>33254</b>	<b>6</b>	<b>133</b>	<b>33387</b>	<b>23</b>



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## COVID-19 Vaccination

19<sup>th</sup> March 2023

- ☀ Sessions Held Today: **57**
- ☀ Number of Beneficiaries Vaccinated Today: **397**
- ☀ Total Number of Beneficiaries Partially Vaccinated: **9118468**
- ☀ Total Number of Beneficiaries Fully Vaccinated: **8732495**
- ☀ Total Number of Beneficiaries Given Precaution Dose: **2289724**

### Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizens						Health Care Worker		Front Line Worker		Cumulative Precaution Dose Coverage	Last 24 hrs coverage	
	12-14 Yrs 1st Dose	12-14 Yrs 2nd Dose	15-17 years 1st Dose Coverage	15-17 years 2nd Dose Coverage	18+ years 1st Dose Coverage	18+ years 2nd Dose Coverage	1st Dose Coverage	2nd Dose Coverage	1st Dose Coverage	2nd Dose Coverage		1st And 2nd Dose	Precaution Dose
Almora	21129	15820	29469	24861	385076	359758	6025	6035	9962	9770	99379	0	0
Bageshwar	10540	9144	14158	13383	186482	173496	2515	2522	2323	2403	66606	0	0
Chamoli	15250	15195	19751	19737	275409	273068	3988	4025	6494	6642	130253	0	0
Champawat	11017	10185	13566	13212	185714	175844	2257	2325	7595	7613	48949	1	0
Dehradun	74412	54062	104788	85358	1587024	1502092	37254	36771	30684	31373	456272	10	22
Haridwar	76648	43870	84320	55531	1526212	1477019	17797	17690	48490	48525	379563	3	27
Nainital	43302	38850	53805	50074	761274	749904	14198	14020	20121	20260	218222	21	171
Pauri	22905	18164	32798	31228	456873	440809	7928	7957	7111	7211	155264	2	1
Pithoragarh	16699	12980	23896	21334	329349	321174	4097	4116	8325	8428	79326	14	15
Rudraprayag	9223	7414	12656	11261	174950	162078	2466	2458	2692	2717	61925	0	0
Tehri	23949	22606	31393	30889	402589	373034	6254	6321	4932	5062	151483	0	0
US Nagar	63557	56172	94028	93417	1365141	1401157	12514	12652	34826	34139	312215	49	60
Uttarkashi	13680	11523	18344	17360	237776	229785	3464	3490	5004	5122	130267	1	0
<b>Total</b>	<b>402311</b>	<b>315985</b>	<b>532972</b>	<b>467645</b>	<b>7873869</b>	<b>7639218</b>	<b>120757</b>	<b>120382</b>	<b>188559</b>	<b>189265</b>	<b>2289724</b>	<b>101</b>	<b>296</b>