

Date: 23-03-2023

# Health Bulletin

Time: 6:00 PM

Bulletin No. 1134 (since 15<sup>th</sup> March 2020)



Positive Today: **04**



Recovered Today: **21**



Death Today: **00**



Active Cases: **24**

S<sup>+</sup>vt<sub>y</sub>

Sample Positivity today: **1.01%**

R%

Recovery Percentage: **96.02%**

1.	Total cumulative Positive COVID-19 detected since 01.01.2022:	104768	
2.	Total Number (%) of COVID-19 Patients Treated/ Cured since 01.01.2022:	100600	(96.02%)
3.	Total Number (%) of COVID-19 patients migrated out of state since 01.01.2022:	3808	(3.63%)
4.	Total Number (%) of COVID-19 Deaths since 01.01.2022:	336	(0.32%)
5.	Number of samples found negative for COVID-19 today:	394	
6.	Total number of samples sent for COVID-19 testing today:	406	
7.	Total number of cumulative samples found negative since 01.01.2022:	1618216	



## सकारात्मक रहें, शुभकर्म करें, मानसिक व शारीरिक सन्तुलन बनाकर रखें

इस कोरोना काल में हम सबनें बहुत कुछ सीखा है...हम अपने वर्तमान कार्य कलापों को इस प्रकार रखें कि हमारा मानसिक स्वास्थ्य बना रहे व रोगप्रतिरोधक क्षमता में सुधार हो.

- सुबह जल्दी उठें, भ्रमण पर जाएं, प्राण वायु का सेवन करें.
- प्रतिदिन कामेन योग ध्यान प्रोटोकाल का अभ्यास करें.
- पर्याप्त जल का सेवन करें, यथासंभव गर्म पानी भी पियें.
- चीनी से बने पदार्थों व पेय पदार्थों का सेवन कम से कम करें.
- पर्याप्त मात्रा में प्रोटीन व विटामिन युक्त आहार लें जिसके द्वारा भोजन को सन्तुलित बनाया जा सके.
- जंक फूड/प्रोसेस्ड फूड/ बाहर खुले में रखे असुरक्षित खाद्य पदार्थों व बहुत अधिक तैलीय खाद्य पदार्थों का सेवन न करें.
- धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।
- अपने घर और बाहर स्वच्छता के नियमों का पालन करें.



च्यवनप्राश





# Uttarakhand State Control Room

## Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



### Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2022	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2022	Positive in last 24 hours	Positive Cumulative Since 01.01.2022		
Almora	6	2	73216	0	4963	78173	0
Bageshwar	0	0	40504	0	2162	42662	0
Chamoli	12	4	53384	0	3380	56762	0
Champawat	0	0	66115	0	1994	68106	0
Dehradun	138	99	445349	3	39192	484406	15
Haridwar	167	178	345901	1	14139	360010	16
Nainital	23	26	118028	0	13572	131530	0
Pauri Garhwal	5	8	111288	0	5605	116886	0
Pithoragarh	0	2	45534	0	2767	48289	0
Rudraprayag	19	47	33946	0	3067	37013	0
Tehri Garhwal	21	28	56801	0	2632	59426	0
US Nagar	2	0	178038	0	9356	187370	0
Uttarkashi	13	0	50112	0	1939	52049	0
<b>Total</b>	<b>406</b>	<b>394</b>	<b>1618216</b>	<b>4</b>	<b>104768</b>	<b>1722682</b>	<b>31</b>

### Details of Districts having Positive COVID-19 Cases

Districts	No. of Positive Cases Since 01.01.2022	No. of Positive Cases Treated/ Cured Since 01.01.2022	Active Cases in the District	Deaths Since 01.01.2022	Migrated Positive Cases Since 01.01.2022
Almora	4963	4526	0	4	433
Bageshwar	2162	2057	0	0	105
Chamoli	3380	3245	0	3	132
Champawat	1994	1965	0	2	27
Dehradun	39192	38494	9	213	476
Haridwar	14139	13852	8	32	247
Nainital	13572	13482	2	33	55
Pauri Garhwal	5605	4546	0	21	1038
Pithoragarh	2767	2607	1	4	155
Rudraprayag	3067	2921	2	2	142
Tehri Garhwal	2632	2164	0	8	460
U.S. Nagar	9356	8998	0	8	350
Uttarkashi	1939	1743	2	6	188
<b>Total</b>	<b>104768</b>	<b>100600</b>	<b>24</b>	<b>336</b>	<b>3808</b>



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### COVID-19 STATUS SINCE 01.01.2023



Positive Today: **04**



Recovered Today: **21**



Death Today: **00**



Active Cases: **24**

1. Total cumulative Positive COVID-19 detected since 01.01.2023: **159**
2. Total Number of COVID-19 Patients Treated/ Cured since 01.01.2023: **157**
3. Total Number of COVID-19 patients migrated out of state since 01.01.2023: **07**
4. Total Number of COVID-19 Deaths since 01.01.2023: **03**
5. Number of samples found negative for COVID-19 today: **394**
6. Total number of samples sent for COVID-19 testing today: **406**
7. Total number of cumulative samples found negative since 01.01.2023: **34636**

### Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2023	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2023	Positive in last 24 hours	Positive Cumulative Since 01.01.2023		
Almora	6	2	1108	0	20	1128	0
Bageshwar	0	0	360	0	0	360	0
Chamoli	12	4	420	0	0	420	0
Champawat	0	0	173	0	0	173	0
Dehradun	138	99	9643	3	86	9729	15
Haridwar	167	178	7598	1	16	7614	16
Nainital	23	26	3358	0	11	3369	0
Pauri Garhwal	5	8	1108	0	5	1113	0
Pithoragarh	0	2	332	0	2	334	0
Rudraprayag	19	47	1395	0	2	1397	0
Tehri Garhwal	21	28	2472	0	5	2477	0
US Nagar	2	0	5553	0	4	5557	0
Uttarkashi	13	0	1116	0	8	1124	0
<b>Total</b>	<b>406</b>	<b>394</b>	<b>34636</b>	<b>4</b>	<b>159</b>	<b>34795</b>	<b>31</b>



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Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



## COVID-19 Vaccination

23<sup>rd</sup> March 2023

- ☀ Sessions Held Today: **39**
- ☀ Number of Beneficiaries Vaccinated Today: **232**
- ☀ Total Number of Beneficiaries Partially Vaccinated: **9118510**
- ☀ Total Number of Beneficiaries Fully Vaccinated: **8732669**
- ☀ Total Number of Beneficiaries Given Precaution Dose: **2290702**

### Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizens						Health Care Worker		Front Line Worker		Cumulative Precaution Dose Coverage	Last 24 hrs coverage	
	12-14 Yrs 1st Dose	12-14 Yrs 2nd Dose	15-17 years 1st Dose Coverage	15-17 years 2nd Dose Coverage	18+ years 1st Dose Coverage	18+ years 2nd Dose Coverage	1st Dose Coverage	2nd Dose Coverage	1st Dose Coverage	2nd Dose Coverage		1st And 2nd Dose	Precaution Dose
Almora	21129	15820	29469	24861	385076	359758	6025	6035	9962	9770	99379	0	0
Bageshwar	10540	9144	14158	13383	186482	173496	2515	2522	2323	2403	66606	0	0
Chamoli	15250	15195	19751	19737	275409	273068	3988	4025	6494	6642	130453	0	0
Champawat	11017	10185	13566	13212	185714	175845	2257	2325	7595	7613	48949	0	0
Dehradun	74412	54062	104788	85361	1587038	1502127	37254	36771	30684	31373	456376	9	19
Haridwar	76648	43870	84320	55534	1526220	1477036	17797	17690	48490	48525	379705	10	27
Nainital	43302	38850	53805	50075	761276	749910	14198	14020	20121	20260	218238	2	8
Pauri	22905	18164	32798	31228	456874	440809	7928	7957	7111	7211	155264	0	0
Pithoragarh	16699	12980	23896	21353	329349	321196	4097	4116	8325	8428	79411	10	41
Rudraprayag	9223	7414	12656	11261	174950	162079	2466	2458	2692	2717	61925	0	0
Tehri	23949	22606	31393	30889	402589	373035	6254	6321	4932	5062	151528	0	22
US Nagar	63557	56172	94029	93463	1365157	1401176	12514	12652	34826	34139	312601	33	51
Uttarkashi	13680	11523	18344	17360	237776	229785	3464	3490	5004	5122	130267	0	0
<b>Total</b>	<b>402311</b>	<b>315985</b>	<b>532973</b>	<b>467717</b>	<b>7873910</b>	<b>7639320</b>	<b>120757</b>	<b>120382</b>	<b>188559</b>	<b>189265</b>	<b>2290702</b>	<b>64</b>	<b>168</b>