

Mobile Health Clinics: Chamoli & Tehri



An initiative to provide healthcare services in unserved and underserved areas.

The Journey...

- **MHC Chamoli**

Phase I: November'04 to June'06

Phase II: July'06 to March'07

MHC Tehri

Phase I: April'05 to October'06

Phase II: November'06 to March'07

Service Provision

- **General OPD- treatment of minor ailments.**
- **RCH**
- **Early detection of pregnancy**
 - **ANC/PNC check up**
 - **TT injection**
 - **I&FA tabs**
 - **Urine and blood test**
 - **Identification of high risk cases**
 - **Basic childhood diseases**
 - **FP services**
 - **Condoms and Pills**
 - **IUD**
 - **Emergency contraceptives**
- **IEC**
 - **Family planning**
 - **STI/RTI**
 - **HIV/AIDS**
 - **Local health issues**
- **Social marketing**
 - **Contraceptives**
 - **Healthcare products : Sanitary napkins, ORS, I&FA tablets**
- **Referrals for institutional delivery and complicated cases**
- **Lab test**
 - Blood group and Rh typing**
 - Hb, Blood Sugar, urine test for sugar and protein, pregnancy**

Journey Cycle Plan

- A well-defined route plan- *permanent journey cycle* for the van is developed, which is followed by the *MHC* team. The health van stations itself in a FSDP each of which covers around 5-6 villages

MHC Cycle

- The MHC operates under two cycles :
 - Day 1 -12 : Cycle 1 (12 FSDP)
 - Day 13-15 : Holiday for the team and vehicle servicing
 - Day 16-27 : Cycle 2 (12 FSDP)
 - Day 28-30/31 – Holiday for the team and vehicle servicing
- All these sites have permanent display board announcing the date and time of visit.

Referral linkages

- The team on the van provides the basic health facilities on an OPD basis and also refers cases to the referral centers in the main town or district headquarters.
- Referral centers are Community Health Centres, District Hospitals and Private or Public hospitals in the district with which linkages have been created.

Supplies Management

- Procurement of medicines, reagents and other consumables :
 - HLPPT has prepared a standard drugs and consumable list as guided by UAHFWS along with their rates on an annual basis and authorized a couple of dealers at the district level to supply these drugs and consumables.
- Procurement of vaccines and contraceptives
 - Vaccines and contraceptives are procured from the Government district health authorities by placing a monthly indent.

User Charges

- Outpatient consultation : Rs. 5/- (For 2 visits within a month) The BPL clients are exempted from user fees
- Lab Test: free of cost for all

Community Participation

- Outreach workers like ANMs, AWWs and ASHA have been roped in to inform community members about the MHC service during their house visits. They also motivate clients to come forward to avail the services.
- In addition, linkages have also been formed with panchayat members, SHGs local leaders, school teachers etc.
- The help of ANM is also taken to follow up on the cases referred by the MHC doctor and also provide counseling and support to cases treated by the mobile clinic.

Village Link Worker

- In addition to using the community resources, MHC has identified and trained Village Link Workers (VLWs).
- The VLW helps mobilize and motivate the villagers to avail the services provided by the van. She also maintains the data relating to Eligible couples, children (0 to 2 yrs), ANC cases, death and birth of that particular area. She also informs the villagers about the frequency of the van visits and the range of products and services offered.
- They form the much crucial link between the community, MHC team and the other grass root level workers (ANM, AWW, ASHA)

- Group Meetings with segmented clientele- women in reproductive age, men in reproductive age, adolescent girls, adolescent boys, pregnant women, school children, elderly people etc.
- Special IEC campaigns like healthy baby show, swasthya gram pratiyogita, world nutrition day, Worlds AIDS day etc are observed

Wall paintings

स्वस्थ माँ...समृद्ध परिवार



गर्भावस्था में देखभाल

- भरपूर पोषण... संतुलित आहार
- तीन (3) प्रसव पूर्व जाँच
- आयरन की सौ (100) गोलियाँ
- प्रसव स्वास्थ्य केन्द्र में अथवा प्रशिक्षित दाई द्वारा आवश्यक
- टी.टी. के दो (2) टीके
- प्रसव पश्चात जाँच दो (2) बार
- प्रसव पश्चात परिवार नियोजन



सेहत की सवारी

- टीकाकरण
- परिवार नियोजन
- प्राथमिक चिकित्सा
- स्कून व पेशाब की जाँच

ग्वाला गाँव के घाट खण्ड में हर माह के 1 व 15 तारीख को सुबह 9:30 से दोपहर 2:30 बजे तक 'सेहत की सवारी' में आपका स्वागत है।

Wall paintings.. Chamoli


यौन रोगों से बचाव- कण्डोम का प्रयोग



HLFPPT

गुप्त रोग/यौन रोग

- लक्षण (गुप्तांगों में फोड़े, फुन्सी, जलन, गाढ़ा पीला/हरा चिपचिपा साव, पेडू में दर्द, इत्यादि)
- प्रशिक्षित चिकित्सक द्वारा-पूर्ण इलाज व साथी का इलाज
- इलाज समय पर न होने से एच.आई.वी/एड्स का खतरा बढ़ जाना



SCOVA



सेहत की सवारी

- टीकाकरण
- परिवार नियोजन
- प्राथमिक चिकित्सा
- खून व पेशाब की जाँच

ग्वाला गाँव के घाट खण्ड में हर माह के 1 व 15 तारीख को सुबह 9:30 से दोपहर 2:30 बजे तक 'सेहत की सवारी' में आपका स्वागत है।

Wall paintings

स्वस्थ शिशु... उज्ज्वल भविष्य



शिशु की देखभाल

- शिशु का जन्म, तुरन्त कपड़े में लपेटना, माँ का पहला दूध देना, शिशु का वजन लेना
- टीकाकरण (बी.सी.जी., टी.पी.टी. एवं पोलियो की तीन खुराकें एवं खसरा का टीका)
- दस्त एवं उल्टी की स्थिति में जीवन रक्षक घोल (ओ.आर.एस.) अवश्य पिलाएँ



ग्वाला गाँव के घाट खण्ड में हर माह के 1 व 15 तारीख को सुबह 9:30 से दोपहर 2:30 बजे तक 'सेहत की सवारी' में आपका स्वागत है।

Information Management System

- The MHC has a proper data management system. The following data is maintained:-
 - Number of clients for every camp,
 - Number of male clients
 - Number of female clients
 - Repeat clients
 - Number of BPL clients
 - Number of SC/ST clients
 - Age of the clients
 - User charge collected under different heads
 - Antenatal cases
 - Immunization cases

Reporting systems

- HLPPT has devised formats for daily and monthly reporting formats in consultation with UAHFWS
- A monthly report is send by 7th of the following month by the Project coordinator to UAHFWS and the Project Manager

Standard Operating Procedures

- Orientation Manual
- Operational Manual (Administrative procedures, Clinical Protocol, Job Descriptions, Biomedical waste Management)
- Financial manual

Other innovations..

- ❑ HLFPPT has introduced the social marketing of contraceptives - condoms, OCPs and Healthcare products like sanitary napkins, ORS, I&FA tablets, iodized salt etc.
- ❑ HLFPPT has documented the learning's from the project experience as a “Best Practice” document. The document is in printing stage

MHC Human Resource

Sn.	Position	Profile
1.	MHC Coordinator	Graduate with prior experience of managing a MHC or a small hospital
2.	MHC Medical officer	MBBS preferably female
3.	Pharmacist	Diploma in Pharmacy
4.	Lab technician	Diploma in Laboratory technology
5.	Nurse	B.Sc./Diploma in nursing/ANM/GNM
6.	IEC Executive	Graduate with experience in mass communication
7.	Driver and Helper	Heavy vehicle driving license and exp in running a vehicle in hilly areas.

PROGRESS REPORT (BLOCKS-DASOLI & GHAT) MOBILE HEALTH CLINIC - PROJECT, CHAMOLI

Services Provided	Phase -I Nov. -04 to June 06	Phase-II July-06 to March-07	Cumulative
OPD	11192	6005	17197
OCP	407	1256	1663
Condom user	791	1454	2245
ANC (Checkups I/II/III)	30	432	462
Immunization	-	283	283
Lab Investigation	-	881	881
Sterlization	18	27	45
Referrals	211	195	406
Counselling	431	6510	6941
Total	13083	17043	30123
User charges	21764	24882	46646

**PROGRESS REPORT (BLOCKS-NARENDER NAGAR & JOUNPUR) MOBILE HEALTH CLINIC - PROJECT,
TEHRI GARHWAL**

Services Provided	Phase -I Nov 05 - Oct 06	Phase-II Nov.-06 to March-07	Cumulative
OPD	7684	4031	11715
OCP	226	296	522
Condom user	616	707	1323
ANC (Checkups I/II/III)	280	434	714
Immunization	491	618	1109
Lab Investigation	224	805	1029
Sterilization	-	08	08
Referrals	-	137	137
Counselling	5584	2649	8233
Total	15105	9685	24790
User charges in Rupees	25850	10015	35865